



SDI Review Form 1.6

Journal Name:	Journal of Advances in Medicine and Medical Research
Manuscript Number:	Ms_JAMMR_56317
Title of the Manuscript:	TO DETERMINE THE EFFECT OF SLEEP ON ANXIETY, DEPRESSION AND ITS CORRELATION WITH ACADEMIC PERFORMANCE IN FIRST M.B.B.S STUDENTS
Type of the Article	Original Research Article

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline>)



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PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments	<p>Depression has a known interference in the international literature both in the quality of sleep and in the hours slept / night .</p> <p>In this study, the anxiety and depression score was higher in students whose bedtime was later than midnight, but the difference was not statistically significant when compared to students whose sleep time occurred before midnight. The finding of the study related to sleep and the academic score were not significant.</p> <p>So ... what is the importance of this study for it to be published?</p> <p>The objective of this study was to determine the effect sleep duration among the first year medical students was associated with their mental health i.e. anxiety and depression in young adult first year medical students. We also aimed to see the effect of sleep on their academic performance.</p> <p>The authors found results that contradict the objective intended with this study, that is, they did not find data to support the correlation between the variables.</p> <p>However, I consider that the researcher's humility and lack of experience can be compensated with a discussion that highlights what, in fact, was found in the research that was well conducted and had a clear and sustained objective.</p> <p>The authors could have conducted the discussion to show that what they found in the population studied did not differ from the results of many studies, including those applied to an unsuspected population.</p> <p>The autors justify that the small sample size may be responsible for nonsignificant p value.</p> <p>Sleep should be asses in all indices by measuring the quality of sleep not merely the quantity of sleep. I do not believe that this is the biggest obstacle.</p>	
Minor REVISION comments		
Optional/General comments		



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PART 2:

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

Reviewer Details:

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