

RADIATION ORGAN DOSES AND EXCESS LIFETIME CANCER RISK DUE TO EXPOSURE TO GAMMA RADIATION FROM TWO CEMENT INDUSTRIES IN NIGERIA

Abstract

A study of background ionizing radiation (BIR) levels to estimate organ dose rates and excess lifetime cancer risk in Unicem cement producing company, Calabar, Cross River state and Bua cement producing company, Okpella in Edo state have been carried out using Digilert 100 and Radalert-200 nuclear radiation monitor and a geographical positioning system (GPS) for GIS mapping of the area. The *in-situ* measurement of the exposure rate was between May, 2018 and June, 2019 at regular intervals. The average exposure rate of 0.023 mRh^{-1} was measured at Unicem, Calabar and 0.027 mRh^{-1} at Bua cement area, Okpella. The mean equivalent doses of 1.92 mSvy^{-1} and 2.29 mSvy^{-1} was recorded in Unicem and Bua Okpella respectively. The estimated mean outdoor absorbed dose rate value of 196.74 nGyh^{-1} in Unicem and its environment while in Bua cement industry, Okpella, the value of 234.9 nGyh^{-1} was obtained. The mean annual effective dose calculated was 0.24 and 0.29 mSvy^{-1} for Unicem and Bua Okpella respectively. The mean excess life time cancer risk recorded in the areas 0.72×10^{-3} in Unicem area and 1.01×10^{-3} in Bua cement environment. The calculated dose to organs showed that the testes have the highest organ dose of 0.74 mSvy^{-1} and 0.83 mSvy^{-1} for Unicem and Bua Okpella areas respectively while the liver has the lowest organ dose of 0.08 mSvy^{-1} and 0.11 mSvy^{-1} for Unicem and Bua Okpella respectively. This study revealed that the exposure rate and all the radiological risk parameters exceeded their recommended safe values. The area of study are radiologically polluted and may be detrimental to human health for long term exposure.

Keywords: Unicem cement, Okpella, Digilert 100, Radiation, Excess lifetime cancer risk

1. Introduction

The presence of contaminants in human environment has attracted serious attention in research community over the years. This is as a result of health risk associated with its exposure especially at levels above the prescribed safety limits [1]. Environmental and occupational pollution has always been a major cause of morbidity and mortality. The smoke and dust produced by some industries cause various types of pathogenesis [2]. Cement dust of Portland cement contains various types of metal oxides including calcium oxide, magnesium oxide, sand (which contains natural radionuclides) and other impurities [2]. Respiratory problems with high prevalence and varying degrees of airway obstruction due to Portland cement exposure have been reported by some researchers [3, 4, 5].

The exposure of human beings to ionizing radiation both from natural and man-made sources is a continuous and inescapable features of life on earth [6] environmental radioactivity measurement

39 are necessary to determine the background radiation level due to natural radioactivity sources of
40 terrestrial and cosmic origins. Background radiation consists of three primary types: primordial,
41 cosmogenic and anthropogenic. Primordial radionuclides are present in the earth's crust and
42 found throughout the environment. Cosmogenic radionuclide are produced when cosmic
43 radiation interacts with elements present in the atmosphere and are deposited through wet and
44 dry deposition [7]. Anthropogenic sources of radiation result from human activities but are
45 considered background because their presence is ubiquitous.

46 According to UNSCEAR [8], about 87% of the radiation dose received by man is from natural
47 sources and the remaining is due to anthropogenic sources. The activities of industries including
48 gas flaring in flow stations, crude oil spills in the oil and gas installations, spills of imported
49 toxic chemicals and radionuclide materials for geological mapping, x-ray welding and well
50 logging and cement production activities can increase the background ionizing radiation levels
51 [9]. Exposure to background radiation may add to radiation exposure levels that may cause
52 detrimental health effects to workers and residents [10]. Research has shown that exposure to
53 ionizing radiation can cause cancer and mental retardation in children of exposed mothers during
54 pregnancy. High radiation doses may also cause other health effects as listed by the NRC [11,
55 12].

56 Avwiri *et al.*, [13], studied the terrestrial radiation levels around oil and gas facilities in Ugheli
57 region of Nigeria and reported that exposure rates are within the safe levels. Michael [14]
58 studied the environmental pollution and health risks of residents living near Ewekoro cement
59 factory Ewekoro and showed that residents living less than 1 km to the cement company have
60 high health risk than those living 4 km away. In Pakistan, Rafique evaluated the excess lifetime
61 cancer risk from the measured BIR levels and reported a mean value of 1.62×10^{-3} and absorbed
62 dose greater than world average value of $780 \mu\text{Rh}^{-1}$ [12].

63 Evaluation of health risk indices from radiation exposure rate is **important** because it will be very
64 useful in evaluating the likelihood of developing various health effects associated with radiation
65 exposure in the area. Hence the aim of this study is to estimate the equivalent dose, the absorbed
66 dose rate, the annual effective dose equivalent (AEDE) and excess lifetime cancer risk (ELCR)
67 from the measured gamma exposure rate. The result of this work will serve as baseline data for
68 future radiation monitoring of the study area.

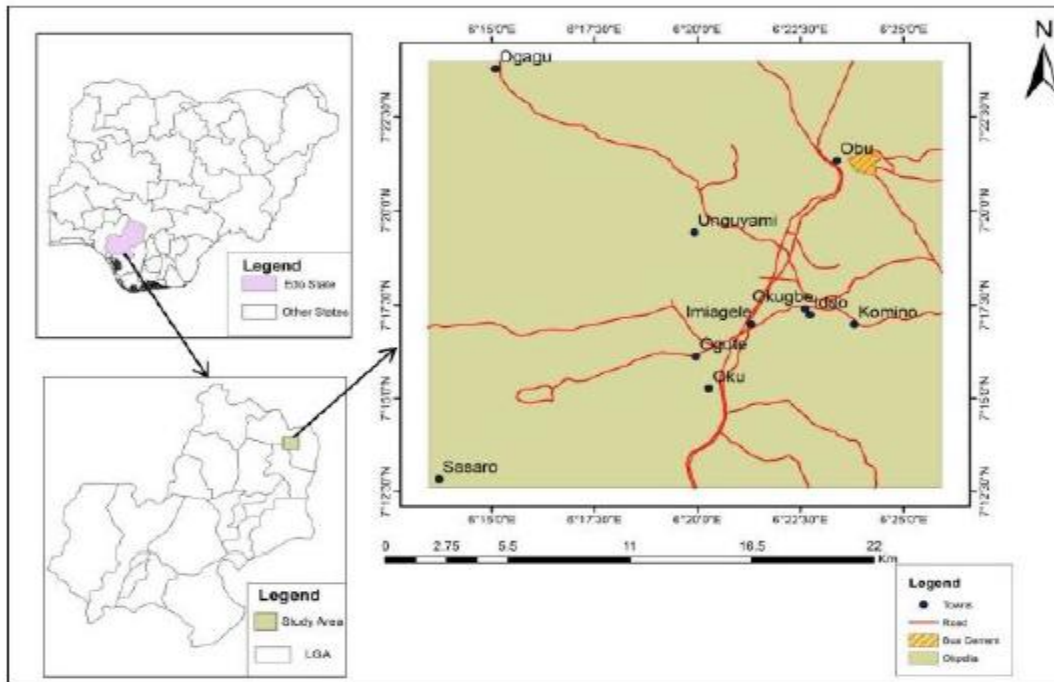
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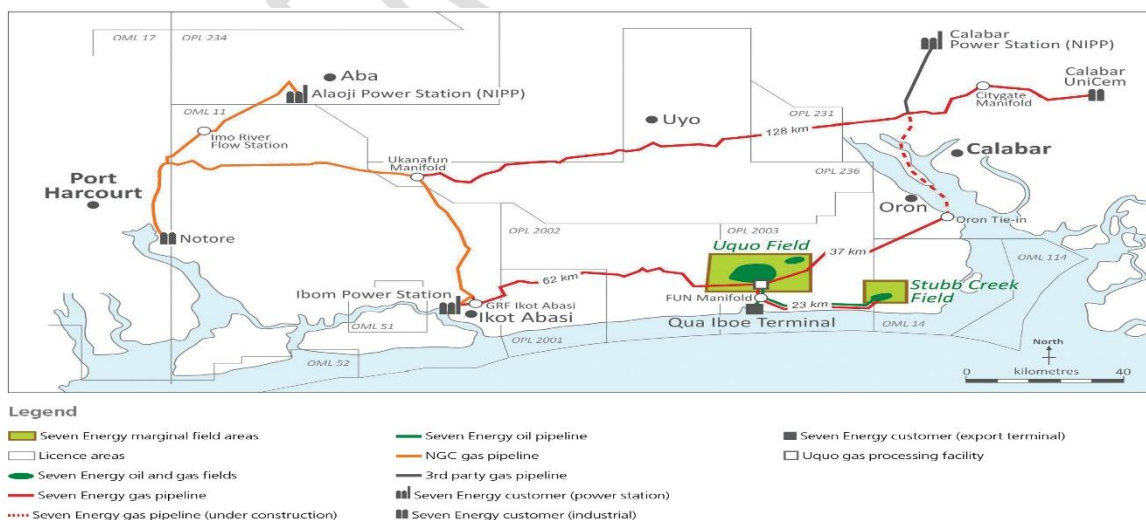
71 **2. Materials and Method**

72 This study was conducted between May, 2018 and June, 2019 which represented the seasons
73 transition (dry-to-wet) period. **This is to take care of variation of radionuclide concentration in
74 atmosphere due to changes in atmospheric parameters.** Two areas are involved in this study
75 UNICEM Calabar and BUA cement Okpella, Edo state. UNICEM cement factory is situated in
76 Mfamosing, Calabar, Cross River state, Nigeria. It lies between Latitude $5^{\circ}31'0$ N and Longitude
77 $8^{\circ}31'0$ E and its original name is Mfamosing. Geologically, the area is composed of tertiary to

78 recent, continental fluvialite sand clay, known as the coastal plan sand. Okpella is located at
 79 coordinate of 7°27'21"N latitude, 6°34'65"E longitude is the host community of BUA cement
 80 factory. Going by the last National census figure, it is the third largest autonomous clan in Edo
 81 state after. Okpella is known for its natural sedimentary rock based mineral resources, which
 82 include limestone, calcium and granite, feldspar, talc, clay, marble. The town play host to the
 83 Edo cement company. In view of the abundance of other solid minerals, it is home for several
 84 granite and marble-making industries, which gives the community a vibrant industrial outlook.



85 Figure 1: The Study Area Map of Okpella



86

87 Fig.1b: The study Area UNICEM cement Calabar.

88 Measurement were made in strategic areas within and around the two cement production
 89 companies. An in-situ approach was adopted to enable samples to maintain their original
 90 environmental characteristics. A digilert-100 and Radalert-200 nuclear radiation monitors (SE
 91 International Inc Summer Town USA) containing a Geiger Muller tube capable of detecting α , β ,
 92 γ and x rays. Preset for γ -rays measurement were used within the temperature range of -10 to 50
 93 °C and a Global positioning System (GPS) was used to measure the precise location of sampling.
 94 The radiation meter's sensitivity is 3500 CPM/ mRh⁻¹ relative to Cs-137 and its maximum alpha
 95 and beta efficiencies are 18 % and 33 % respectively. it has a halogen quenched Geiger- muller
 96 detector tube with an effective diameter of 45 mm and a mica window density of 1.5-2.0 mgcm⁻²
 97 (Inspector Alert operation manual).

98 The Unicem cement producing industrial areas was strategically divided into twenty two
 99 sampling points to cover the operational area and Bua cement production industry was divided
 100 into twenty sampling points which covered the residential areas of the workers. In each of the
 101 sampling points, the tube of the radiation monitoring meters was raised to a standard height of
 102 1.0 m above the ground [15, 16] with its window facing the suspected source while the GPS
 103 reading was taken at that spot. Measurement were repeated four times at each sampling point
 104 during different months within the two seasons to account for any fluctuation in the
 105 environmental parameters. Reading were obtained between 1300 and 1600 hours because the
 106 radiation meter has a maximum response to environmental radiation within these hours
 107 according to NCRP (17). The meter was set to read in milli-roentgen per hour.

108 2.2 Radiological parameters

109 From the radiation exposure rate measured in each of the cement production sites in the two
 110 states, radiological health risk parameters were estimated to ascertain the radiological status of
 111 workers and residents around the cement factories due to exposure to background radiation.

112 2.2.1: Absorbed Dose Rate

113 This is the amount of energy deposited by radiation in a mass which could be human body or
 114 other objects. The measured exposure rate obtained in mRh⁻¹ were converted into absorbed dose
 115 rates in nGyh⁻¹ using the conversion factor [12]:

$$116 \quad 1 \mu\text{Rh}^{-1} = 8.7 \text{ nGyh}^{-1} = \frac{8.7 \times 10^{-3}}{\left(\frac{1}{8760} \text{ y}\right)} \mu\text{Gyy}^{-1} = 76.212 \mu\text{Gyy}^{-1} \quad 1$$

117 2.2.2: Equivalent Dose Rate

118 This is calculated for individual organs. It is based on the absorbed dose to an organ, adjusted to
 119 account for the effectiveness of the type of radiation. To estimate the whole body equivalent dose
 120 rate over a period of one year, the National Council on Radiation Protection and measurement's
 121 recommendation was used [NCRP, 1993].

$$122 \quad 1 \text{ mRh}^{-1} = \frac{0.96 \times 24 \times 365}{100} \text{ mSvy}^{-1} \quad 2$$

123 **2.2.3: Annual Effective Dose Equivalent (AEDE)**

124 The estimated absorbed dose rates were used to calculate the annual effective dose equivalent
125 received by residents living in the area of the study and workers of the cement production. For
126 the calculation of the AEDE, we used the dose conversion factor of 0.7 Sv/Gy recommended by
127 UNSCEAR for the conversion coefficient from the absorbed dose in air to the effective dose
128 received by adults and occupancy factor of 0.2 for outdoor exposure [8].

129 The annual effective dose equivalent was determined using the equation:

130
$$\text{AEDE (mSvy}^{-1}\text{)} = \text{Absorbed dose (nGyh}^{-1}\text{)} \times 8760 \text{ h} \times 0.7 \text{ Sv/Gy} \times 0.2 \quad 3$$

131 **2.2.4: Excess Lifetime Cancer Risk (ELCR)**

132 The excess lifetime cancer risk (ELCR) was estimated based on the estimated values of the
133 annual effective dose equivalent using equation 4.

134
$$\text{ELCR} = \text{AEDE} \times \text{Average duration of life (DL)} \times \text{risk factor (RF)} \quad 4$$

135 Where AEDE is the annual effective dose equivalent, DL is duration of life (70 years) and RF is
136 the fatal cancer risk factor (Sv^{-1}). For low dose background radiation which is considered to
137 produce stochastic effects, ICRP 60 uses a fatal cancer risk factor value of 0.05 for public
138 exposure [12].

139 **2.2.5 The Effective dose rate (D_{organs}) to different body organs and Tissues**

140 The effective dose rate to a particular organ can be estimated using the following relation:

141
$$D_{\text{organ}} (\text{mSvy}^{-1}) = O \times \text{AEDE} \times F \quad 5$$

142 Where AEDE is annual effective dose equivalent, O is the occupancy factor (0.8) and F is the
143 conversion factor for organ dose from ingestion.

144 The F values for lungs, ovaries, bone marrow, testes, kidneys, liver and whole body were 0.64,
145 0.58, 0.69, 0.82, 0.62, 0.46, and 0.68 respectively as obtained from ICRP [30]. The same
146 occupancy factor was used for the data from two different areas because of their similarity of
147 cultural settings. The work force spend 80% of their lifetime indoor [29].

148

149 **3 Results and Discussion**

150 **3.1 Results**

151 The result of the measured exposure rate and the calculated hazard risks for the two cement
152 production companies and its surroundings are presented in Table 1-2. Analysis using different
153 radiation models to arrive at a more reliable health risks to an irradiated person was performed.
154 To assess the radiation hazards associated with the gamma radiation levels in unicem industry
155 and its environmental and Bua cement and its surrounding environment. The following radiation

156 hazard indices were used: equivalent dose, absorbed dose rate, annual effective dose
157 equivalent, excess lifetime cancer risk and effective dose to different organs.

158 **3.1.1 Background ionizing radiation (BIR) exposure levels**

159 The results of the BIR levels measured in Unicem Cement Company and its surroundings are
160 presented in Table 1 while that for Bua Cement Company and its environment are presented in
161 Table 2. The radiation exposure rate measured at Unicem and its environs ranged from 0.011 to
162 0.037 mRh⁻¹ with an average value of 0.023 mRh⁻¹ and for Bua cement in Okpella and its
163 environment, the exposure rate measured ranged from 0.012 to 0.038 mRh⁻¹ with mean value of
164 0.027 mRh⁻¹. The mean values obtained from all the cement production companies and their host
165 communities are all above the world average BIR level of 0.013 mRh⁻¹; this indicates that the
166 BIR levels in Unicem environment in Calabar and Bua cement environs in Edo state are
167 elevated. All the sampling points in both areas recorded high exposure values which could be
168 attributed to anthropogenic activities in the two areas. It could be due to mining activities that
169 brings naturally occurring radioactive materials to the surface of the earth and the cement
170 production activities.

171 Exposure rate measured at Okpella, Bua Cement Company and their host communities were
172 higher than the one recorded in Calabar, Unicem and their host communities. Okpella is known
173 for its natural sedimentary rock based mineral resources, which include limestone, calcium and
174 granite, feldspar, talc, clay, marble and more. In view of the abundance of other solid minerals, it
175 is home for several granite and marble-making industries, which gives the community a vibrant
176 industrial outlook. The activities of all these miners may have contributed to higher levels of
177 background ionizing radiation in the area. High background radiation levels measured in Unicem
178 and Bua cement production companies and their host communities could also be due to the urban
179 mix nature of these areas, where companies and factories sandwich residential areas. These
180 companies may be using materials that contain radioactive sources such as paint producing
181 company. The lowest exposure rate of 0.011 and 0.012 mRh⁻¹ for Unicem and Bua Cement areas
182 respectively obtained at the entrance to the community could be due to its location away from
183 industrial sites.

184 The radiation contour map of the average measured BIR levels of the two areas are shown in
185 Figure 4 and 5 . It helps to identify areas of high exposure levels and areas of low radiation
186 levels. The average BIR levels obtained in this work are similar to reported values in other areas
187 of Nigeria and in some parts of the world. Agbalagba [9] in Effurun and Warri city, Awwiri et
188 al. [18] in the Ugheli region of Nigeria, Akpabio et al., [19] in Ikot Ekpene South-South
189 Nigeria, Farai and Jibiri [20] , Ononugbo et al., [21], Rafeig et al., [12], in Jhelum valley in
190 Pakistan, in Turkey by Erees et al., [22] and in Japan by Chikasawa et al.,[23].

191

192

194 **Table 1: Exposure rate measured with their radiation parameters at Unicem Cement**
 195 **Company and its Environ**

S/N	Location	GPS	Mean Exposure rate (mRh ⁻¹)	Equivalent dose (mSvy ⁻¹)	Absorbed dose (nGy/hr)	AEDE (mSv/y)	ELCR x10 ⁻³
1	UNIC ₁	N05°021'4.1" E008°29'12.9"	0.015	1.261	130.5	0.160	0.56
2	UNIC ₂	N05°04'05.3" E008°30'45.0"	0.018	1.514	156.6	0.192	0.67
3	UNIC ₃	N05°04'05.6" E008°30'43.1"	0.025	2.102	217.5	0.267	0.934
4	UNIC ₄	N05°04'05.2" E008°30'41.5"	0.017	1.430	147.9	0.181	0.635
5	UNIC ₅	N05°04'06.5" E008°30'44.6"	0.020	1.682	174.0	0.213	0.747
6	UNIC ₆	N05°04'12.1" E008°30'30.5"	0.035	2.943	304.5	0.373	1.307
7	UNIC ₇	N05°04'19.5" E008°30'28.7"	0.017	1.429	147.9	0.181	0.635
8	UNIC ₈	N05°04'09.8" E008°30'32.6"	0.021	1.766	182.7	0.224	0.784
9	UNIC ₉	N05°04'15.0" E008°30'25.5"	0.018	1.514	156.6	0.192	0.672
10	UNIC ₁₀	N05°04'08.3" E008°30'24.5"	0.019	1.597	165.3	0.203	0.710
11	UNIC ₁₁	N05°04'15.1" E008°30'27.4"	0.034	2.859	295.8	0.363	1.270
12	UNIC ₁₂	N05°04'02.5" E008°30'27.4"	0.027	2.271	234.9	0.288	1.008
13	UNIC ₁₃	N05°04'09.2" E008°30'39.3"	0.013	1.093	113.1	0.139	0.485
14	UNIC ₁₄	N05°04'29.7" E008°30'32.2"	0.022	1.850	191.4	0.235	0.822
15	UNIC ₁₅	N05°04'57.2" E008°30'30.2"	0.036	3.027	313.2	0.384	1.344

16	UNIC ₁₆	N05°04'42.0" E008°30'64.7"	0.014	1.177	121.8	0.149	0.523
17	UNIC ₁₇	N05°04'42.8" E008°30'0.96"	0.024	2.018	208.8	0.256	0.896
18	UNIC ₁₈	N05°04'40.0" E008°30'02.5"	0.037	3.111	321.9	0.395	1.382
19	UNIC ₁₉	N05°04'40.3" E008°30'58.6"	0.026	2.186	226.2	0.277	0.971
20	UNIC ₂₀	N05°04'65.0" E008°30'32.8"	0.029	2.439	252.3	0.309	1.083
21	UNIC ₂₁	N05°04'10.1" E008°30'15.6"	0.025	2.10	217.5	0.267	0.934
22	UNIC ₂₂	N05°04'05.9" E008°30'41.6"	0.011	0.925	95.7	0.117	0.411
	Mean		0.023	1.922	196.738	0.24	0.72

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197

198 **Table 2 : Exposure rate measured with their radiation parameters at Bua Cement**
199 **(Okpella) Company and its Environ**

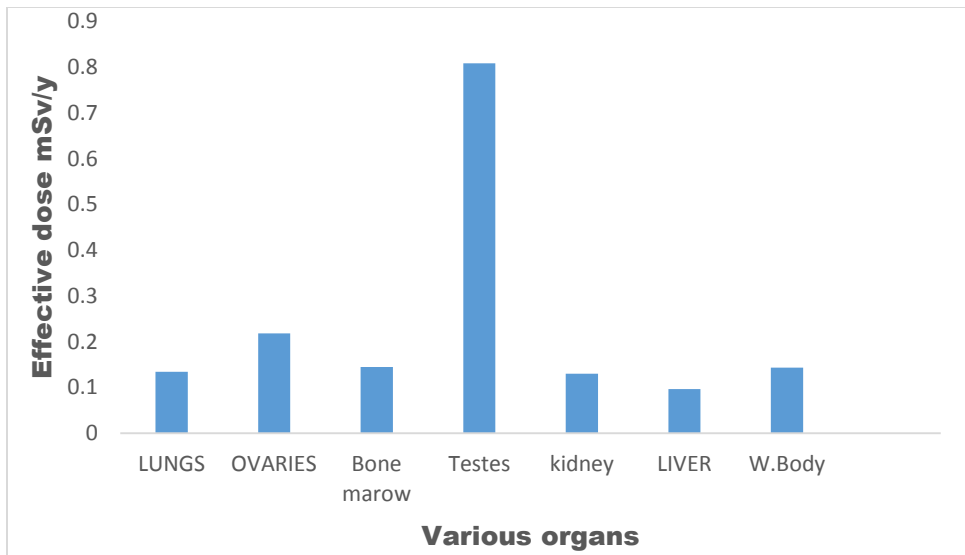
S/N	Location	GPS Reading	Mean Exposure Rate (mRh ⁻¹)	Equivalent dose (mSvy ⁻¹)	Absorbed dose (nGy/hr)	AEDE (mSv/y)	ELCR x10 ⁻³
1	Okpella ₁	N07°21'06.4" E006°23'38.5"	0.031	2.61	269.7	0.331	1.158
2	Okpella ₂	N07°21'24.7" E006°23'24.6"	0.029	2.44	252.3	0.309	1.083
3	Okpella ₃	N07°21'42.8" E006°23'72.2"	0.027	2.27	234.9	0.288	1.008
4	Okpella ₄	N07°21'14.4" E006°23'19.3"	0.017	1.43	147.9	0.181	0.635
5	Okpella ₅	N07°21'39.5" E006°23'68.6"	0.021	1.77	182.7	0.224	0.784
6	Okpella ₆	N07°21'35.8" E006°23'65.9"	0.035	2.94	304.5	0.373	1.307
7	Okpella ₇	N072147.2 E006°23'81.4"	0.031	2.61	269.7	0.331	1.158

8	Okpella ₈	N07°21'51.4" E006°23'90.2"	0.038	3.20	330.6	0.405	1.419
9	Okpella ₉	N07°21'51.4" E006°23'82.0"	0.027	2.27	234.9	0.288	1.008
10	Okpella ₁₀	N07°21'30.1" E006°23'56.2"	0.025	2.10	217.5	0.267	0.934
11	Okpella ₁₁	N07°21'27.7" E006°23'34.2"	0.033	2.78	287.1	0.352	1.232
12	Okpella ₁₂	N07°21'21.8" E006°23'32.5"	0.036	3.03	313.2	0.384	1.344
13	Okpella ₁₃	N07°21'20.0" E006°23'29.2"	0.032	2.69	278.4	0.341	1.195
14	Okpella ₁₄	N07°21'47.5" E006°23'26.1"	0.025	2.10	217.5	0.267	0.934
15	Okpella ₁₅	N07°21'28.7" E006°23'22.0"	0.015	1.26	130.5	0.160	0.56
16	Okpella ₁₆	N07°21'01.0" E006°23'53.2"	0.036	3.03	313.2	0.384	1.344
17	Okpella ₁₇	N07°21'02.1" E006°23'38.8"	0.028	2.35	243.6	0.299	1.046
18	Okpella ₁₈	N07°21'64.2" E006°23'40.4"	0.033	2.78	287.1	0.352	1.232
19	Okpella ₁₉	N07°21'30.0" E006°23'60.4"	0.020	1.68	174.0	0.213	0.747
20	Okpella ₂₀	N07°21'57.4" E006°23'39.5"	0.012	1.01	104.4	0.128	0.448
	Mean		0.027	2.27	234.9	0.288	1.008

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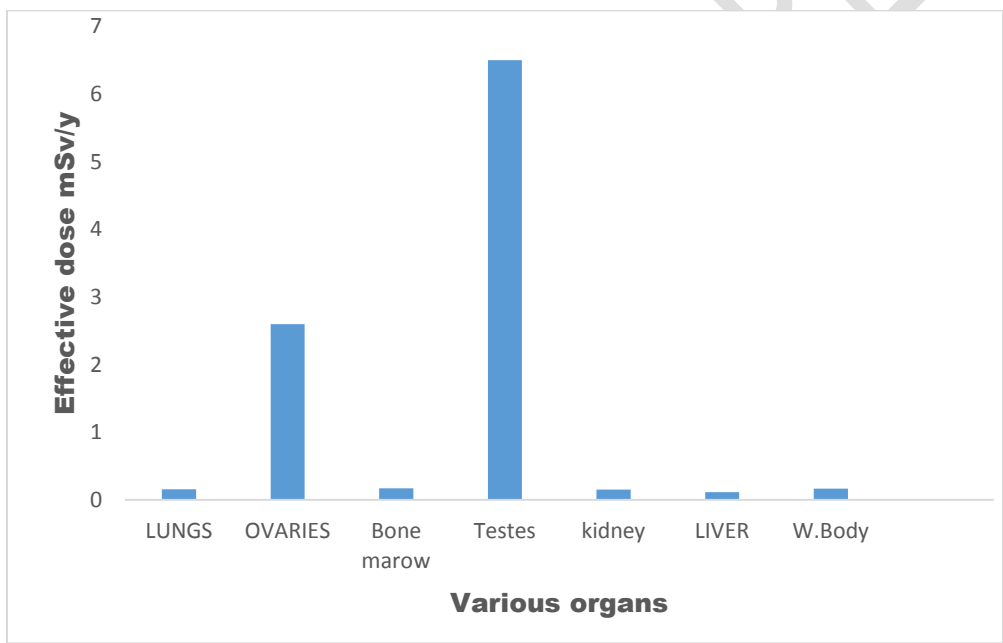
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204 Fig 2: Comparison of effective doses of different organs from Calabar

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207 Fig 3: Comparison of effective doses of different organs from Okpella

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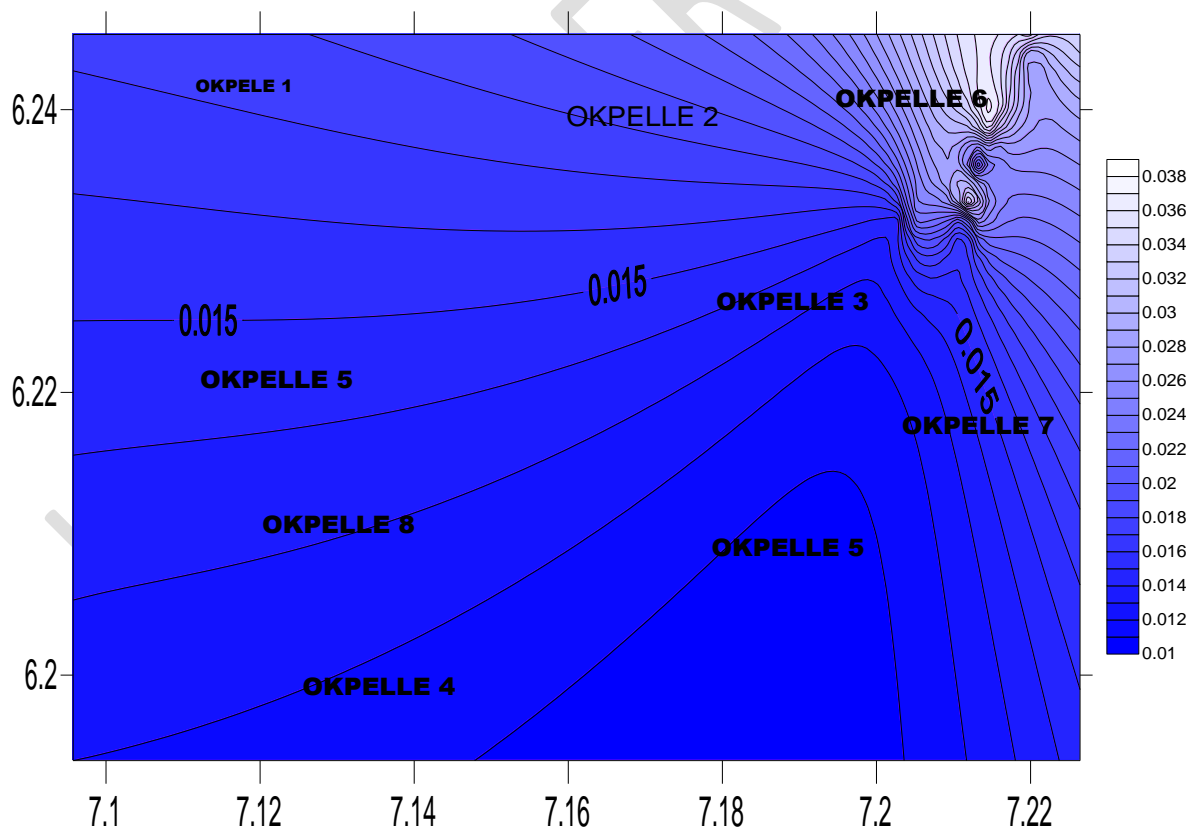
209 **3.1.2 Radiological parameters**

210 The result of the calculated whole body equivalent dose rate are presented in column 5 of Tables
 211 1-2. The results obtained in Unicem and its host community's ranges from 0.93 to 3.11 mSv⁻¹
 212 with mean value of 1.92 mSv⁻¹ while that obtained in Okpella Bua cement and their host
 213 communities ranged from 1.01 to 3.20 mSv⁻¹ with mean value of 2.27 mSv⁻¹. The computed

214 equivalent dose rate in all the areas sampled are well above the recommended permissible limit
215 of 1.0 mSvy^{-1} for the general public and also their mean values were above the recommended
216 occupational permissible limit of 1.5 mSvy^{-1} [24]. These values are in agreement with those
217 obtained in previous studies of the Niger Delta environment [18, 9, 21] but higher than values
218 reported in some countries of the world [12, 25, 22] which indicated that the environment is
219 radiologically contaminated.

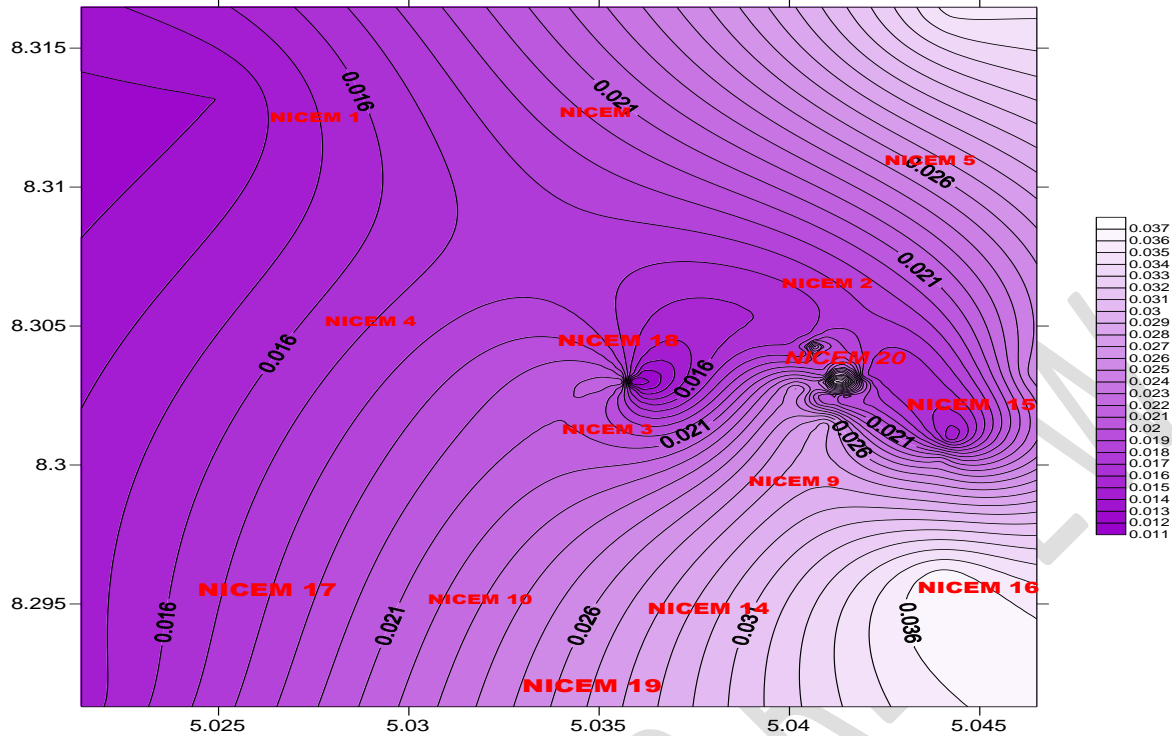
220 The obtained gamma radiation absorbed dose rates for Unicem , Calabar and their host
221 community and Okpella Bua cement and its host community are presented in Table 1-2. The
222 absorbed dose rate in Unicem, Calabar ranged from 95.7 to 321.9 nGyh^{-1} with mean value of
223 196.74 nGyh^{-1} while at Bua cement Okpella, absorbed dose rate ranged from 104.4 to 330.6
224 nGyh^{-1} with mean value of 234.9 nGyh^{-1} . The mean values obtained in this study area are higher
225 than the values previously obtained by Agbalagba, [9] of $141.30 \pm 31.31 \text{ nGyh}^{-1}$ for warri city,
226 Rafique et al.,[12] of 81.61 nGyh^{-1} for Muzaffarabad and 102.70 nGyh^{-1} for Poonch in Turkey
227 [26] and the Greek population value of 32 nGyh^{-1} [25]. However the gamma dose rate obtained
228 in this work are similar to the range of values reported in Turkey (78.30 - 135.70 nGyh^{-1}) [22] and
229 Japan (13.8 - 187.0 nGyh^{-1}) [23] and 75.0 - 509.38 nGyh^{-1} [27]. The mean absorbed dose rate
230 obtained in the two areas studied are higher than the world population weighted average of 59.0
231 nGyh^{-1} [9].

232



233

234 **Fig.4: Radiation contour map of the Bua cement company (Okpella) and its environs**



235

236 **Fig 5: Radiation contour map of the Unicem cement company (Calabar) and its environs**

237 The annual effective dose equivalent estimated ranged from 0.12 to 0.31 mSv⁻¹ with mean value
 238 of 0.24 mSv⁻¹ and 0.13 to 0.41 mSv⁻¹ with mean value of 0.29 mSv⁻¹ for Unicem and Bua
 239 Okpella respectively. These annual effective dose equivalent are similar to the values reported in
 240 AL-Rakkah, Saudi Arabia [28] and higher than the reported values of 0.19, 0.15, and 0.20 mSv⁻¹
 241 ¹ by Agbalagba, [9]. The worldwide average annual effective dose is 0.41 mSv, of which 0.07
 242 mSv⁻¹ is from outdoor exposure and 0.34 mSv⁻¹ is from indoor exposure [28, 27]. The values
 243 obtained in this study are well above the world average annual effective dose level for outdoor
 244 environments which is an indication of radiological contamination of Okpella in Edo state and
 245 UNICEM, Calabar in Cross River State.

246 The estimated excess lifetime cancer risk ranged from 0.41 x 10⁻³ to 1.38 x 10⁻³ with mean value
 247 of 0.72 x 10⁻³ in Unicem, Calabar and 0.45 x 10⁻³ to 1.42 x 10⁻³ with mean value of 1.01 x 10⁻³ in
 248 Bua cement Okpella. The average excess lifetime cancer risk obtained in this study areas are
 249 higher than the world average of 0.29 x 10⁻³ [29]. The ELCR value obtained indicates that the
 250 probability of contracting cancer by residents and workers of the study area who spends all their
 251 lives there are likely from BIR exposure.

252 The calculated effective dose rates delivered to the different organs are presented in Figure 2 and
 253 3. The model of the annual effective dose to organs estimates the amount of radiation intake by a
 254 person that enters and accumulates in various body organs and tissues. Seven organs were
 255 examined and the results show that the testes received the highest dose with average values of
 256 0.74 mSv⁻¹ and 0.83 mSv⁻¹ for Unicem and Okpella respectively while the dose was found to
 257 be lowest in the liver, with average values of 0.08 mSv and 0.11 mSv for Unicem and Bua

258 cement Okpella. **These results** indicate that the estimated doses to the different organs examined
259 are all below the international tolerable limits on dose to the body organs of 1.0 mSv annually.
260 **The relatively higher dose to the testes and low dose intake to the liver is justified by the food**
261 **nutrient absorption rate [31, 32].** This result shows that exposure to BIR levels in the two areas
262 of study contributes slightly significant radiation dose to these organs in adults.

263 **4 Conclusion**

264 A study of the terrestrial background ionizing radiation levels around cement producing
265 companies in Niger Delta region of Nigeria to estimate the associated organ radiation
266 doses and excess lifetime cancer risk has been carried out. The following conclusions
267 were drawn from the results:

- 268 1. The result showed that the exposure rate (background ionizing radiation) levels of the
269 areas exceeded normal BIR levels and have been enhanced by the cement production
270 and other mineral mining activities in the study areas.
- 271 2. The calculated equivalent dose rate, absorbed dose rate, annual effective dose
272 equivalent and excess lifetime cancer risk in the two study areas exceeded their
273 recommended safe limits. These values were also higher than values obtained in other
274 parts of the world.
- 275 3. The estimated excess cancer risk revealed that there is a probability of residents of
276 those areas contracting cancer if they spend all of their lives in those areas. The
277 effective dose to different organs investigated are significant in testes but
278 insignificant in liver.
- 279 4. Prolonged stay of the workers and residents of these cement producing companies
280 may lead to detrimental health risk. Constant monitoring of these areas and other
281 environmental media of the area is necessary.

282

283 **COMPETING INTERESTS DISCLAIMER:**

284

285 **Authors have declared that no competing interests exist. The products used for this research**
286 **are commonly and predominantly use products in our area of research and country. There is**
287 **absolutely no conflict of interest between the authors and producers of the products because we**
288 **do not intend to use these products as an avenue for any litigation but for the advancement of**
289 **knowledge. Also, the research was not funded by the producing company rather it was funded**
290 **by personal efforts of the authors.**

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