## OPTIMISING MEDICINAL PLANTS VALUE GROWN IN NIGERIA, WEST AFRICA FOR PREVENTION, CONTROLLING AND TREATMENT OF INFECTIOUS DISEASES, DETERMINANT FACTORS OF INFANT MORTALITY WITH MATHEMATICAL MODELLING PROTÉGÉ.

#### ABSTRACT

Infant mortality is a challenge for third-world countries like Nigeria where there is little next to non-availability of conventional drugs, and if available, it is costly and out of the reach of the common populace. It is a fact that medicinal plant is a gift from Mother Nature, but its uses and efficacy has been overlooked over the century because over supper-impose of conventional drugs, medicinal plants efficacy is still intact. The objectives of this work is to optimising medicinal plants value being grown in Nigeria, West Africa, in the prevention, control and treatment of Infectious diseases which is a determinant factor of infant mortality using different mathematical model protégé as the research/review scientific point of view. The x-rays features of this paper is to formulate and analyse a mathematical model that extends and complements the ones in the literatures by incorporating medicinal plant class denoted by M(t). Mathematical models are widely used to examine, explain and predict the dynamics of infectious disease transmission and models of specific diseases of global importance have played important role in developing public health strategies for control and prevention of infectious diseases. The mathematical model is a system of first-order non-linear ordinary differential equations which are partitioned into five different compartments. Two equilibria states exist, the disease-free equilibrium and endemic equilibrium which are locally asymptotically stable if the basic reproductive number is less than one and unstable if the basic reproductive number is greater than one. Numerical simulations were performed using hypothetical values for the parameters used in the model. The model shows that an increase in the medicinal plants grown or found in the country leads to low disease prevalence among the susceptible infant population considered in this work. Therefore, our medicinal plants become a very alternative for the prevention,

control, and treatment of infectious diseases to reduce or prevent infant mortality among infants, especially in rural areas. Also, this will elevate the knowledge from African trade-medical practice and rejuvenate our ethno-botanical properties and characteristics for future uses.

*Keywords:* Mathematical Modelling, Basic Reproductive Number, Numerical Simulation, Infectious Diseases, Infants, Nigeria.

#### **INTRODUCTION**

A medicinal plant is any plant which, in one or more of its organs, contains substances that can be used for therapeutic purposes or which are precursors for the synthesis of useful drugs. This description makes it possible to distinguish between medicinal plants whose therapeutic properties and constituents have been established scientifically, and plants that are regarded as medicinal but which have not yet been subjected to a thorough scientific study

Medicinal plant has been used for ages in the treatment of various disease and it was not known where or when plants first began to be used, but the connection between plants and health has existed for thousands of years (1). There is limited documentation of medicinal plants used in the treatment of infants mortality/ diseases in Nigeria, but several ethno-botanical studies focusing on medicinal plants have been documented all over the world (2;3;4;5).

Medicinal plants possess various arrays chemical substances that support certain physiological and biochemical activities in the human body, they are known as phytochemicals or secondary metabolite which is the active core physiological and therapeutic ingredient in all plants. These chemicals are non-nutritive substances used to prevent, control and treat various infectious diseases, as well as provide disease preventive properties (6),(7). Pharmacological activity of medicinal plants resides in their secondary metabolites, which are relatively smaller in quantity in contrast to the primary molecules such as carbohydrates, proteins, and lipids. These metabolites have a clue to manufacture new structural types of antimicrobial and antifungal chemicals/ agents that are comparatively safe to humans being (8).

Secondary metabolites have different classes with greater antimicrobial properties, they are flavonoids (flavones, flavonols, flavanols, isoflavones, anthocyanidins), phenolic acids

(hydroxybenzoic, hydroxycinnamic acids), stilbenes, lignans, quinones, tannins, coumarins (simple coumarins, furanocoumarins, pyranocoumarins), terpenoids (sesquiterpene lactones, diterpenes, triterpenes, polyterpenes), alkaloids, glycosides, saponins, lectins, steroids, and polypeptides (9)

Medicinal plants produce a boundless quantity of secondary metabolites that have great antimicrobial activity (6). Medicinal plant-produced low molecular weight antibiotics are classified according to two types, namely (1) **phytoanticipins**, which are involved in microbial inhibitory actions, and (2)**phytoalexins**, which are generally anti-oxidative and synthesized de novo by plants in response to microbial infection (7). These compounds have copious mechanisms that underlie antimicrobial activity, e.g., disturbing microbial membranes, weakening cellular metabolism, control biofilm formation, inhibiting bacterial capsule production, attenuating bacterial virulence by controlling quorum-sensing, and reducing microbial toxin production (10). All this antimicrobial activity helps to reduce and prevent the scouge and manace of infectious diseases,

A World Health Organization (WHO) expert group defined Traditional Medicine as the sum total of all knowledge and practices, whether explicable or not, used in diagnosis, prevention and elimination of physical, mental, or social imbalance and relying exclusively on practical experience and observation handed down from generation to generation, whether verbally or in writing. In view of the fact that infant mortality/diseases are widely observed in Nigeria due to the attitude of mothers, to some illness which are supposed to be treated, non-availability of health care practitioners and the cost of accessing orthodox mode of treatment. it is paramount to document some ethno-botanicals used in the treatment of infant mortality/diseases in Nigeria, West Africa. The following infant diseases were treated with medicinal plant, they are Blood Shortage (Anaemia), Infant Constipation, Infant Convulsion, Infant Cough, Infant Diarrhoea, Infant Dysentery, Jaundice, Helminthic infestation, Malaria, Measles, Small Pox/Chicken Pox, Teething,

The medicinal plants used for this treatment include Sorghum bicolor shoots, Mangifera indica and Theobroma cacao, Annanas comosus, sweet orange, Allium cepa, Allium sativum, Zingiber officinale, Xylopia aethiopica, Alstonia boonei, Perquatina nigrescence, Matured unripe pawpaw, Azadira chtaindica, Morinda lucida, Momordica charantia, Rauwolfia vomitoria, indigofera, *Cajanus cajan* and stem of sugar cane, just to mention a few. Emphasis on the use of medicinal plants has been placed on the treatment rather than prevention of infectious diseases.

Infant mortality is the unconditional death of little children from ages 1 to 5. Some school of thought describes infant mortality as the death of an infant before his or her first birthday. The infant mortality rate is the number of infant deaths for every 1,000 live births. In 2013, the leading cause of infant mortality include birth defects (11). Other leading causes of infant mortality include birth defects (11). Other leading causes of infant mortality include birth asphyxia, pneumonia, congenital malformations, term birth complications such as abnormal presentation of the fetus umbilical cord prolapsed, or prolonged labor,(12) neonatal infection, diarrhea, malaria, measles and mal-nutrition(13).

One of the most common preventable causes of infant mortality is smoking during pregnancy (14). Lack of prenatal care, alcohol consumption during pregnancy, and drug use also cause complications which may result in infant mortality (15). Many environmental factors and seasonal variation may contribute to infant mortality, such as the mother's level of education, environmental conditions, political and medical infrastructure. (15). Improving sanitation, access to clean drinking water, immunization against infectious diseases and the use of medicinal plants.

However, there exists in the literature considerable report in recent times on research work on the use of medicinal plants and their constituents in disease prevention. Babies born in low to middle income countries in sub-Saharan Africa like Nigeria are at the highest risk of neonatal death. Bacterial infections of the bloodstream, lungs, and the brain's covering (Meningitis) may be responsible for 25% of neonatal deaths. Newborns can acquire infections during birth from bacteria that are present in their mother's reproductive tract. The mother may not be aware of the infection. These bacteria can move up the vaginal canal into the amniotic sac surrounding the baby(16).

Seven out of ten childhood deaths are due to infectious diseases: acute respiratory infection, diarrhea, measles and malaria. Acute respiratory infection such as pneumonia ,bronchitis and bronchiolitis account for 30% of childhood deaths; 95% of pneumonia cases occur in the developing world. Diarrhea is the second-largest cause of childhood mortality in the

world, while malaria causes 11% of childhood deaths. Measles is the fifth-largest cause of childhood mortality (17).

Infant mortality rate (IMR) is the number of deaths per 1,000 live births of children under one year of age. The rate for a given region is the number of children dying under one year of age, divided by the number of live births during the year, multiplied by 1,000. (18)

The x-rays features of this paper is to formulate and analyse a mathematical model that extends and complements the ones in the literatures by incorporating medicinal plant class denoted by M(t). Mathematical models are widely used to examine, explain and predict the dynamics of infectious disease transmission and models of specific diseases of global importance have played important role in developing public health strategies for control and prevention of infectious diseases.

#### MATERIAL AND METHODS

#### MATHEMATICAL MODELLING PROTÉGÉ .

#### 1. Formulation of The Mathematical Model

We formulate a non-linear deterministic model for the transmission dynamics of the infectious diseases among the infants. The model subdivides the infant population into five different compartments depending on the epidemiological status of the infants. The compartments are Susceptible class S, Exposed class E, Infected class I, Medicinal plant used class M and the Recovered class R.

To indicate this mathematically, we have the following systems of ordinary differential equations as:

$S'(t) = \Lambda + (1-P)A + \delta R(t) - \beta S(t)I(t) - (\mu + \eta)S(t);$	Equation (1)
$\boldsymbol{E}'(\boldsymbol{t}) = \beta \boldsymbol{S}(\boldsymbol{t})\boldsymbol{I}(\boldsymbol{t}) + \eta \boldsymbol{S}(\boldsymbol{t}) - (\mu + \sigma)\boldsymbol{E}(\boldsymbol{t});$	Equation (2)
$\mathbf{I}'(\mathbf{t}) = \sigma \mathbf{E}(\mathbf{t}) - (\mu + \tau)\mathbf{I}(\mathbf{t});$	Equation (3)
$\boldsymbol{M}'(\boldsymbol{t}) = \boldsymbol{P}\boldsymbol{A} + \tau \boldsymbol{I}(\boldsymbol{t}) - (\boldsymbol{\mu} + \boldsymbol{\omega})\boldsymbol{M}(\boldsymbol{t});$	Equation (4)
$\mathbf{R}'(t) = \omega \mathbf{M}(t) - (\mu + \delta)\mathbf{R}(t).$	Equation (5)

The following assumptions were considered to formulate the above mathematical model.

- 1. All susceptible infants can be exposed and infected through a direct contact with an infected infant in the community.
- 2. Infants are only born into the susceptible class.
- 3. Birth rate is not equal to the death rate.
- 4. Susceptible infants get infected with the infectious diseases at a rate proportional to the susceptible population.
- 5. All parameters used in the mathematical model are non-negative.
- 6. Some infectious diseases are re-infected in the community among the infants.

The Table 1 below shows the definitions and the hypothetical values of the parameters used in the formulation of the mathematical model.

Parameters	Definition	Hypothetical	Source
		values	
٨	rate of newborn infants into the susceptible infant	100	Estimated
	class		
Р	fraction of infants who are given herbal medicine	0.305	Estimated
	plants		
А	number of infants with infectious diseases	1500	Binuyo
			(2014)(19)
μ	mortality or death rate of the infants in the	0.2	Assumed
	community		
δ	rate at which re-infection of the infectious diseases	0< δ < 1	Binuyo
	occur		(2012)(20)
β	rate of transmission of the infectious diseases in the	0.5	Assumed
	community		
η	rate at which the susceptible infants are exposed to	0.4	Assumed
	infectious diseases		
σ	rate at which the exposed infants become infected	0.1	Binuyo
	with infectious diseases		(2012)(20)

Table 1: Parameter hypothetical values for the model

τ	rate at which infected infants are treated, controlled	0.35	Binuyo
	and prevented from infectious diseases		(2014)(19)
ω	rate at which the efficacy of the herbs reduces leading	0.0182	Assumed
	to re-infection of the infectious diseases in the		
	community.		
S <sub>0</sub>	initial value of susceptible infant class with time	1.6568	Estimated
E <sub>0</sub>	initial value of exposed infant class with time	4.4367	Estimated
I <sub>0</sub>	initial value of infected infant class with time	0.8066	Estimated
<b>M</b> <sub>0</sub>	initial value of medicinal plant used infant class with	5.8356	Estimated
	time		
R <sub>0</sub>	initial value of recovered infant class with time	4.0856	Estimated

#### 2. EQUILIBRIUM STATES OF THE MATHEMATICAL MODEL:

The mathematical model (1) – (5) exhibits two states of equilibrium i.e. disease free equilibrium and the endemic equilibrium such that  $\frac{dS}{dt} = \frac{dE}{dt} = \frac{dI}{dt} = \frac{dM}{dt} = \frac{dR}{dt} = 0$ . Solving equations (6) – (10) below,

$$A + (1 - P)A + \delta R(t) - \beta S(t)I(t) - (\mu + \eta)S(t) = 0;$$
Equation (6)  

$$\beta S(t)I(t) + \eta S(t) - (\mu + \sigma)E(t) = 0;$$
Equation (7)  

$$\sigma E(t) - (\mu + \tau)I(t) = 0;$$
Equation (8)  

$$PA + \tau I(t) - (\mu + \omega)M(t) = 0;$$
Equation (9)  

$$\omega M(t) - (\mu + \delta)R(t) = 0.$$
Equation (10)

We obtain the following results;

(i) Disease free equilibrium (DFE) i.e. in the absence of any infection (I = 0), then the disease free equilibrium points are:

$$(S^*, E^*, I^*, M^*, R^*) = \left(\frac{A + (1 - P)A}{\mu + \eta}, 0, 0, 0, 0\right)$$
 Equation (11)

(ii) The Endemic Equilibrium State (EE) i.e. in the presence of the infection  $(I \neq 0)$ , we obtain;

$$\mathbf{S}^* = \frac{(\mu+\sigma)(\mu+\tau)I^*}{\sigma(\beta I^*+\eta)}, \ \mathbf{E}^* = \frac{(\mu+\tau)I^*}{\sigma}, \ \mathbf{M}^* = \frac{PA+\tau I^*}{(\mu+\omega)}, \ \mathbf{R}^* = \frac{\omega(PA+\tau I^*)}{(\mu+\delta)(\mu+\omega)}$$
Equation (12)

For I\* is the positive root of the quadratic equation  $AI^{*2} + BI^* + C = 0$  where  $A = \beta \omega \tau (\mu + \delta)(\mu + \omega)(\mu + \sigma)(\mu + \tau) - \beta \sigma \delta \omega \tau \sigma \omega \tau$  Equation (13)  $B = \omega \tau (\mu + \delta)(\mu + \omega)(\mu + \eta)(\mu + \sigma)(\mu + \tau) - PA\tau \omega \delta \omega \sigma \beta - \sigma \tau \omega \delta \omega \tau \eta - (A + A - PA)\omega \tau \sigma \beta (\mu + \delta)(\mu + \omega)$  Equation (14)  $C = \eta \omega \tau \sigma (\mu + \delta)(\mu + \omega)(A + A - PA) + PA\sigma \tau \omega \eta \delta \omega$  Equation (15) With these values for S\*, E\*, I\*, M\* and R\*, the positivity and uniqueness of the endemic equilibrium are guaranteed if and only if R<sub>0</sub>> 1 where R<sub>0</sub> is the basic reproductive number (21)

 $R_0 = \frac{\sigma\beta}{(\mu+\sigma)(\mu+\tau)}$  Equation (16)

In the endemic disease state, the number of infected infants is strictly positive and constant. So, if some of the solutions of the system of equation I(t) approach as time goes to infinity, the number of infective will remain strictly positive for a long time and approximately equal to I(t). Thus, the disease remains in the population and becomes endemic except adequate measures are done to control or prevent the rapid spread of the disease among the infant population. Therefore, in the event of an epidemic, the theoretical determination of condition that can make  $R_0$  less than unity is of great public health interest such that the disease can be greatly reduced or eventually eradicated among the infant population (22).

#### 3. NUMERICAL SIMULATIONS OF THE MODEL

given in the form;

Numerical simulations were carried out to graphically explain the long term effects of preventing, controlling and treating on the infectious diseases determinant factor among the infants using the medicinal plants grown in Nigeria. In order to support the analytical results, graphical representations showing the time graphs of different state variables are provided.







#### RESULTS

Numerical simulations were carried out to graphically illustrate the long term effect of controlling the dynamics of infectious diseases determinant factor using the medicinal plants (herbs) among the infant mortality. In order to support the analytical results, graphical representations showing the time graphs of different state variables are provided.

Figure. 1 is the diagram showing the dynamics of the susceptible infant population. The susceptible population increases initially as the newborns are introduced into the community and later decreases as time increases. This decrease was possibly because of the high rate of introduction of the medicinal plants in order to control, prevent and treat the infected infants among the susceptible population of the infants.

Figure. 2 shows the graph of the infant population that are recovered from the infectious diseases determinant factor using the medicinal plants. It is observed that as the rate of infectious diseases determinant factor increases, the infant population of the recovered infants shows some rapid increase due to the treatment of the infants with the medicinal plants among the infected infants.

Figure. 3 shows the graph of the combination of the infected infants and the infants treated, prevented and controlled with the medicinal plants. Observe that, as the population of the infected infants increases, the population of the infants that are using medicinal plants are increasing with time.

Tables 2 & 3 show the various medicinal plants that are used to prevent, control and treat infectious diseases determinant factor among the infant which can reduce the infant mortality. The medicinal plants were *Sorghum bicolor* shoots,*Mangifera indica* and *Theobroma cacao*, *Annanas comosus*, sweet orange, *Allium cepa*, *Allium sativum*, *Zingiber officinale*, *Xylopia aethiopica*, *Alstonia boonei*, *Perquatina nigrescence*, Matured unripe pawpaw, *Azadira chtaindica*, *Morinda lucida*, *Momordica charantia*, *Rauwolfia vomitoria*, indigofera, *Cajanus cajan* 

		1		1		
S/N	<b>Botanical Names</b>	Family	Common Name	Local Names	Plant Parts Used	Medicinal uses
1.	Sorghum bicolor	Poaceae	Guinea corn	Oka baba (Y)	Shoots, Leaves	Blood tonic, malaria, fever
2.	Mangifera	Anacardiaceae	Mango tree	Mangoro (Y)	Leaves, Barks	Malaria, fever, Anaemia
	indica					
3.	Theobroma cacao	Sterculiaceae	Сосоа	Koko (Y)	Leaves, Barks	Blood tonic, tooth ache
4.	Annanas comosus,	Bromeliaceae	Pineapple	OpeOyinbo (Y)	Fruits	Malaria, Dysentery
5.	Xylopia aethiopica	Annonaceae	Ethiopian pepper	Eeru (Y)	Fruits	Cough, convulsion,
						stomach ache
6.	Allium sativum & Allium cepa	Liliaceae	Garlic	AlubosaAyuu (Y)	Bulbs	Convulsion
7.	Zingiber	Zingiberaceae	Ginger	Atale (Y)	Rhizomes	Fever, malaria, digestive disorde
	officinale					disease, typhoid.
8.	Alstonia	Apocynaceae	Stool wood	Ahun (Y)	Leaves, Barks	Fever, Convulsion, Diarrhoea
	boonei					
9.	<mark>, Perquatina</mark>	Periplocaceae	African parquatina	Ogbo (Y)	Leaves	Anti-anaemic, dysentery, stomac

## Table 2 ; Selected Profile of plants used in the Control & prevention of infant Mortality/diseases

	nigrescence					disorber, skin disease
10.	Azadira chtaindica	Meliaceae	Neem tree	<mark>Dongoyaro (H)</mark> Igikasia (Y)	Leaves, Stem	Dysentery, Fever
11.	Morinda lucida	Rubiaceae	Brime stone tree	Oruwo (Y)	Leaves	Jaundice, fever, malaria
12.	Momordica <mark>charan</mark> tia	Cucurbitaceae	African cucumber	Ejinrin were (Y)	Leaves	Convulsion, Disorder, measles, c pox
13.	Rauwolfia Vomitoria (Benth.) Swizzlestick	Apocynaceae	Serpent wood	Asofeyeje (Y)	Leaves	Nervous disorder, jaundice, scab diarrhoea
14.	Theobroma cacao	Sterculiaceae	Cocoa	Koko (Y)	Leaves, Barks	Blood tonic, tooth ache
15.	Vernonia Amygdalina Schreb.	Asteraceae	Bitter leaf	Ewuro (Y)	Leaves, Stem	Stomach disorder, dysentery, ski infection, malaria

16.	<mark>Aframomum</mark>	Zingeberaceae	Alligator pepper	Ataare (Y)	Fruits	Small Pox, Chicken Pox, Cough
	<mark>melegueta</mark>					
	(Sonn.) K. Schum					
17.	<mark>Cajanusc</mark>	Mimosaceae	Pigeon Pea	Otili (Y)	Leaves, Seeds	Small pox, Measles
	ajan(L.) Millsp.					
18.	Carica papaya L.	Caricaceae	Pawpaw	Ibepe (Y)	Leaves	Malaria, Jaundice, Convulsion
19.	Cymbopogon	Poaceae	Lemon grass	Kookooba (Y)	Leaves	Malaria, Cough
	citrata(DC.)					
	<mark>Strapt.</mark>					
20.	<mark>Garcinia kola</mark>	Gutiferae	Bitter Kola	Orogbo (Y)	Nuts	Cough, Catarrh, Jaundice
	Heckel					

### Source; Fatoba et al,.2018(23)

# Table 3: Enumeration of the Medicinal plants recipes for the treatment of various infant diseases

s/n	Disease	Recipes	Modes of Administration and Dosage
	condition		
1)	Blood	Sorghum bicolor shoots, barks of Mangifera indica and	5 ml of the decoction taken orally thrice daily
	Shortage	Theobroma cacao are boiled together for 30 minutes with 2 litres	
	(Anaemia)	of water, two tins of milk and 4 cubes of sugar are added to the	
		herbal preparation	
2)	Infant	The juice of Annanas comosus and sweet orange are extracted for	The Juice is taken orally; 0-12 months old taken
	Constipation	drinking.	5 ml thrice daily; 1-5years old taken 5 ml five

			times daily.
3)	Infant	Allium cepa, Allium sativum and Zingiber officinale are ground	The mixture is applied topically all over the
	Convulsion	together. The ground material is mixed with palm oil.	body of the baby and should be allowed to enter
			the eyes. About 21/2 ml is given orally to the
			affected child
4)	Infant	The fruits of Xylopia aethiopica are added to fried oil. The fruits	It is taken Orally by licking.
	Cough	are then separated after 8 minutes and sugar is then added to the	
		extract.	
5)	Infant	The leaves of Alstonia boonei is squeezed to obtain the juice.	The Juice is Orally by using 5 ml of the juice
	Diarrhoea		thrice daily
6)	Dysentery	Leaves of Perquatin anigrescence are squeezed. The juice	5 ml of the juice taken orally every three hours
		extracted is mixed with a pint of salt.	
7)	Jaundice	Matured unripe pawpaw is cut into pieces and soaked in fermented	2.5ml taken orally five times daily
		maize water (Omiidun) for three days.	
8)	Helminthic	The leaves of Azadira chtaindica is squeezed with water. Lime	10 ml of the infusion taken orally twice daily
	infestation	and garlic are added to the infusion.	
9)	Malaria	Extract of the leaves of Morinda lucida is squeezed out using	5 ml taken orally thrice daily
		water	
10)	Measles	The leaves of <i>Momordica charantia</i> is boiled in water	The decocted material is used to bathe every day
			and night until the measles cure.

11)	Small	The leaves of Rauwolfia vomitoria, indigofera and Cajanus cajan	It is taken orally, 15 ml four times daily; the
	Pox/Chicken	are boiled in water for 45minutes.	decoction is also used for bathing
	Pox		
12)	Teething	The juice is extracted from the stem of sugar cane	Taken orally (5 ml) every three hours.

Source; Fatoba *et al*,.2018(23)

#### DISCUSSION

The objectives of this work is to optimising medicinal plants value being grown in Nigeria, West Africa, in the prevention, control and treatment of Infectious diseases which is a determinant factor of infant mortality using different mathematical model protégé as the research/review scientific point of view. The x-rays features of this paper is to formulate and analyse a mathematical model that extends and complements the ones in the literatures by incorporating medicinal plant class denoted by M(t). Mathematical models are widely used to examine, explain and predict the dynamics of infectious disease transmission and models of specific diseases of global importance have played important role in developing public health strategies for control and prevention of infectious diseases

Prevention and chronic disease management are proactive approaches to health care that stresses prevention at different points along the health care continuum. Health promotion and disease prevention strategies focus on keeping people well and preventing diseases from occurring. These strategies are referred to as primary prevention activities. Prevention is categorised into three levels.

Primary Prevention, which seeks to reduce the number of new cases of a disorder or illness. At this level of prevention we have: the health promotion/education, and specific protective measures (such as immunisation). Secondary Prevention, which seeks to lower the rate of established cases of a disorder or illness in the population (prevalence). This level essentially involves measures that ensure early diagnosis (such as screening) and prompt management. Tertiary Prevention, which seeks to decrease the amount of disability associated with an existing disorder. This level involves the Disability limitation and Rehabilitation

Disease prevention should focus on strategies that reduce the risk of disease, identify risk factors, or detect disease in its early, most treatable stages. Examples of disease prevention activities include well-baby visits, immunisations, calcium and Vitamin D supplements to reduce the risk of osteoporosis, blood pressure and cholesterol assessments during annual health exams, and screening for illnesses such as breast, cervical, colorectal and prostate cancer (24).(25; 26).

Prevention and treatment of infant mortality is one of the basic issues in the review, medicinal plants are the magical bullet to prevent and treat basic causes of infant mortality. Medicinal plant

can be classified into, primary and secondary prevention strategy which is under the scope of this review work. This is the reason; mechanism of action of this plant must be dealt with, to illustrates the action of medicinal plants on recalcitrant infectious diseases. Some of the mechanisms are as follows, Inhibition of Biofilm Formation,Inhibition of Cell Wall Construction, Inhibition of Prokaryotic DNA Replication and Inhibition of Energy Production. Mechanism of action otherwise known as the modus operandi of medicinal plants against infectious diseases should be discuss in the context of this review. If the medicinal plants not reactive against the medicinal plants, then the issue at hand will be in jeopardy. There is need to discuss that activity of it modus operandi against infectious diseases. However, medicinal plant activity are Promote Cell Wall Disruption and Lysis, Phenolic compounds are a family of aromatic rings consisting of a hydroxyl functional group (-OH) which is alleged to absolute toxicity to microorganisms, although increased reactions of hydroxylation result in microbial cell lysis (27).Example are Quercetin, Rutin, Naringenin, sophoraflavanone, Tiliroside, 2, 4, 6-trihy droxy-30-methyl chalcone, etc

Inhibition of Biofilm Formation is one of the key features of bacteria developing biofilms are generally 100–1000 times more resistant to antimicrobial drugs while related to their usual planktonic forms (28).. Interestingly, numerous researchers have described how flavonoids cause the aggregation of multicellular composites of bacteria and inhibit bacterial growth after aggregation, which indicates that flavonoids are potent antibiofilm compounds. The bioactive flavonoids such as galangin (29):,isovitexin (30), EGCG and 3-O-octanoyl-epicatechin (31), as well as 5, 7, and 40-trihydroxyflavanol (32). Induce pseudo multicellular aggregation of *S. aureus* and *S. mutans* (33).

Inhibition of Cell Wall Construction is another way to eradicated bacteria in infectious diseases. Bacterial cell wall is accountable for osmoregulation, respiration, the transport mechanism, and biosynthesis of lipids. For the execution of these functions, membrane integrity is very important, and its disruption can directly or indirectly cause metabolic dysfunction eventually leads to bacterial death. Catechins (34), attract lipid bilayers of the membrane which involves the following mechanisms (35). Catechins form hydrogen bonds, which attract polar head groups of lipids at the membrane edge. Epicatechin (36) and epigallocatechin gallate (37), alter phospholipids, which can alter structural changes in the cell membrane(38).

Inhibition of Prokaryotic DNA Replication is another major tool to prevent infectious diseases. Alkaloids are nitrogenous compounds characterized by their alkaline nature, which aids the inhibition of cell respiration, intercalates with DNA, and inhibits various enzymes involved in replication, transcription, and translation [39]. Plant-based bioactive compounds such as quercetin (40), nobiletin (41), myricetin (42), tangeritin (43) genistein (44), apigenin (45), chrysin (46), kaempferol (47), and 3, 6, 7, 30, 40-pentahydroxyflavone (48) have been recognized as noteworthy DNA gyrase inhibitors, which are essential for DNA replication in prokaryotes including *V. harveyi, B. subtilis, M. smegmatis, M. tuberculosis*, and *E. coli* (49).

Inhibition of Energy Production should be discussed to prevent and treat infectious diseases. Energy production or ATP synthesis is the supreme vital requirement for the existence and development of bacteria as these chemicals are the main source of living systems. The treatment of flavonoids such as isobavachalcone (50) and 6 prenylapigenin (51) with *S. aureus* cause membrane depolarization, resulting in bacterial cell wall lysis (52). Similarly, licochalcones inhibited oxygen consumption in M. luteus, interruping the electron transport system eventually killing the bacteria (53). It has been described that flavonoids such as baicalein (54), morin (55), silibinin (56), quercetin (57), isoquercetin (58), quercitrin (59), and silymarin (60) can constrain the F1FO ATPase system of E. coli and result in the obstruction of ATP synthesis.(61)

Inhibition of Bacterial Toxins, It is noteworthy that catechins and other flavonoids can cause bacterial cell wall destruction, resulting in an inability to discharge toxins(62). Catechins (63), pinocembrin, kaempferol, EGCG (64), gallocatechingallate (65), kaempferol-3-O-rutinoside (66), genistein (67), quercetin glycoside (68), and proanthocyanidins (69) are suggested to neutralize bacterial toxic factors initiating from *V. cholerae*, *E. coli*, *S. aureus*, *V. vulnificus*, *B. anthracis*, *N. gonorrhoeae*, and *C. botulinum*.(70)

Bacterial hyaluronidases are enzymes formed by both Gram-positive and Gram-negative bacteria and directly interact with host tissues, causing the permeability of connective tissues and reducing the viscosity of body fluids due to hyaluronidase-mediated degradation.<sup>(71)</sup> Flavonoids such as myricetin (72) and quercetin (73) have been identified as hyaluronic acid lyase inhibitors in Streptococcus equisimilis and Streptococcus agalactiae (74,75).

#### CONCLUSION

We conclude that effective control, prevention and treatment of infectious diseases determinant factor among infants by medicinal plants have greater benefits and reduce the rapid progression of infection in the community. It was observed that the mathematical model produced an asymptotically stable population such that the infectious diseases determinant factor among the infants die out from the infant population as time increases when adequate measures (medicinal herbs in large quantity) are encouraged, administered and used for the infants in appropriate quantity.

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