COMMON SOURCES OF PRE-SURGICAL, PERIOPERATIVE AND POST SURGICAL SITE INFECTIONS (SSIS) IN SMALL ANIMALS OBSERVED DURING CLINICAL STUDENTS' WETLAB PRACTICAL

ABSTRACT

This study was conducted to determine the possible causes of surgical site infections (SSIs) pre, intra-operative and post surgical procedures performed during routine wet-laboratory practical. A total of fifteen (15) apparently healthy Nigerian local dogs, grouped into five with three replicates in each group were used. Correction of skin defects, caudectomy, cystotomy, orchidectomy, and ovariohysterectomy were carried out according to standard protocol by students under the guidance of qualified surgeons. Blood samples were collected from cephalic vien in all dogs pre surgery and post surgery. A hundred and twenty five swab were taken from putative areas of surgical contamination, including students' palms pre and post scrubbing, surgical tables, kennel where dogs were kept, surgical team's hands, patient skin and random areas on surgical packs and floors of surgical theatre. The microorganisms isolated after bacterial culture and isolation were Staphylococcus aureus, Klebsiella spp, Micrococcus luteus, Enterobacter spp, and Bacillus subtilis, with Klebsiella being the highest represented pathogen. The haematological results showed leukocytosis, neutrophilia, monocytosis, increased band cells, leukopenia, neutropaenia, and lymphopaenia which are all signs of an ongoing infection corresponding with bacterial culture for a variety of procedures. From the results, the sources of SSIs are numerous and include the patient's skin micro flora, the students' hands, surgical theater, surgical team and the kennel. It is recommended that proper scrubbing techniques be adopted and maintained. The sterile field created should not be broken during "wetlab" procedures, and proper disinfection of the kennel should be ensured before returning the animals after surgery.

Keywords: Students, Wet-lab procedures, infections, wounds

INTRODUCTION

A surgical site is any part of a patient's skin where an incision is made in order to perform surgery (Sanni et al., 2003). A surgical site infection (SSI) is an infection that occurs after

Comment [AP1]: Is this S SMALL OR CAPITAL LETTER??? I can see in the first paragraph of the abstract you used small letter. The need for uniformity

Comment [AP2]: 15

Comment [AP3]: and

Comment [AP4]: delet

Comment [AP5]: swabs

surgery in the part of the body where the surgery took place, particularly the site where the incision was made (Sanni et al., 2003), at its most basic level, an SSI is an infection that is associated with a particular operative procedure and the facility in which the procedure is performed (CDC, 2014). It is important to clearly differentiate SSI from inflammatory processes, infection present on admission, pre-surgical evaluation and other health care associated infections. Surgical site infections are a significant source of morbidity, mortality and costs associated with small animal surgery (Nelson, 2011). Surgical site infections are a burden to surgeons, the clients and the health care team. SSI lead to increased health care cost as a result of additional treatment, antimicrobial administrations and extended hospital stay which can be disturbing to patients and frustrating to clients (Verwilghen and Singh, 2015). SSI accounts for as many as one-fourth of nosocomial infections and are the most common source of infections generally in patients (Cheadle, 2006). Rates of SSIs are high particularly in developing countries with resource limited settings, absence of surveillance and prevention programs, most cases in veterinary clinics are not reported either because they are treated or considered insignificant, therefore retrospective data on SSI in veterinary practice in most developing countries appears underestimated.

The sources of SSI can be endogenous including but not limited to the patient's commensally micro biota originating from body fluids, the oropharyns, the skin and possibly, excretions like urine and feces, sources of infections can also be exogenous including but not limited to the surgical team, the environment where patients are kept and or surgery performed and the surgical equipment used (Cheadle, 2006). A number of risk factors associated with SSI have been elucidated in previous studies, this includes the patient health status and the surgical environment, length and duration of anesthesia as well as the expertise and experience of the surgeons involved. Another important factor is the scope and intensity of post-operative care provided and availability of a robust surveillance program to improve patient care (Lieber et al., 2016; Mukagendaneza et al., 2019). A variety of pathogens can cause SSI. The most common and representative bacteria in dogs include; Staphylococcus aureus, S. pseudintermedius, Methicillin Resistant S. aureus (MRSA) and extended spectrum beta-lactamse-producing enterobacteriaceae (ESBL) (Verwilghen and Singh, 2015). SSI are considered preventable with necessary measures in place (Verwilghen and Singh, 2015).

This study was undertaken therefore to investigate general sources and causes of surgical site infections on animal models used for wet lab procedures for clinical veterinary students, with a wider implication and application to in and outpatients post surgery. The study will determine the efficacy of the scrub solutions used during students' wet lab procedures as well as relative pre-surgical, perioperative and postsurgical conditions predisposing to SSI. Empirical design with potential to synthesize tested and credible data has the potential to improve patient management and reduce SSI-borne mortality. Findings will possibly standardize the wet lab procedures and general surgical etiquette amongst clinical veterinary students, their clinicians and various interns in the Veterinary Teaching Hospitals across Nigeria.

Comment [AP6]: delet

Comment [AP7]: why not full stop????

Comment [AP8]: delet

Comment [AP9]:,

Comment [AP10]: SSIs????

Comment [AP11]: Measure put in place

Comment [AP12]: During to void repeatation of FOR*

MATERIALS AND METHODS

Study Location and Research Animals: The study was carried out in the Veterinary Teaching Hospital, Usmanu Danfodiyo University, Sokoto, Sokoto State, Nigeria. The institution is geographically located at the north-western part of Nigeria between latitudes 12° and 14°N and longitudes 4° and 6°E (NPC, 2006).

Fifteen (15) apparently healthy local dogs (males and females) of mean ages 12 ± 0.3 months were purchased by combined team of the Department of Surgery and Radiology, Faculty of Veterinary Medicine, Usmanu Danfodiyo University Sokoto and clinical project students for students' wet lab procedures and graduating students research project. The surgical procedures performed on them were correction of skin defects, cystotomy, caudectomy, orchidectomy and ovariohysterectomy, representing commonest surgical cases handled in the clinic in all case loads

Ethics: Guidelines provided in the Veterinary Surgeons Act Cap V3 LFN 2004 as amended were observed on animal use and care. Experimental animals were allowed to recover fully and drug withdrawals allowed. The animals were afterwards kept at the pens of the Department of Veterinary Surgery for undetermined future use.

Premedication and Anaesthesia:

The dogs were premedicated with atropine (Laborate Pharmaceuticals, India) at the dose rate of 0.02 mg/kg IM, then sedated with xylazine (Kepro, Holland) at the dose rate of 0.5 mg/kg; were induced and maintained with ketamine (Laborate Pharmaceuticals, India) at the dose rate of 10.0 mg/kg intravenously.

Acclimation, Grouping and Collection of Pre-Surgical Samples:

The animals were allowed to acclimate to their new environment. They were clinically examined for detectable abnormalities. Means of daily physical examination parameters were recorded. Vital parameters, blood, faecal and urine samples were subjected to hematology, parasitology and urinalysis to rule out underlying infections or inflammatory conditions that might alter results.

Animals were grouped into five consisting of three dogs per group. The group corresponded with skin defects (Group 1), caudectomy (Group 2), cystotomy (Group 3), orchidectomy (Group 4) and ovariohysterectomy (Group 5). Each group had a female dog for ovariohysterectomy study. A total of 125 swab samples and 100 blood samples were collected from each dog in the five different surgical groups. The swab samples were taken before scrubbing and at graduated intervals of two, four and seven days after surgery from the surgical sites.

At the pre-surgical preparation room, blood samples were collected via the cephalic vein following the method of Gatley (2009) into sample bottles containing an anticoagulant (EDTA) as well as faecal swab per rectum to serve as controls. Using a sterile swab stick (Micropoint

Comment [AP13]: at

Comment [AP14]:

Comment [AP15]: Was this done before acclimatization, grouping and collection of presurgical samples?????? If yes then the heading is o.k and if no then change to the correct order

Comment [AP16]: Route of administration?????? I.M or I.V??

Comment [AP17]: Such as ???

Comment [AP18]: Such as????

Comment [AP19]: This sentence sound controversial. Female dog in which group for OVH mans you had 4 from group1-5 in addition to 3 in group 5 making a total of 7 for OVH. The need to recast the sentence please.

Comment [AP20]: How did you come across the figures 125 and 100 swabs and blood samples respectively in relation to the groupings. Explain

Comment [AP21]: According to who???

Diagnostics Lot No: 151101), swab of shaved, cleaned but unscrubbed surgical sites and scrubbed sites were all done for all dogs and in all the groups.

The swab samples were taken to the Microbiology Laboratory, Usmanu Danfodiyo University Sokoto for bacterial culture, isolation and identification of microbes to species level as described by Ruangpan and Tendencia (2004). The blood samples were taken to the Clinical Pathology Laboratory of the same university for haematological assay using standard protocols described by Lichtman *et al.*, (2011).

Bacterial Culture, Isolation and Identification:

A total of one hundred and twenty-five swab samples were collected from the five dogs used for this research and for the five different surgical procedures (correction of skin defects, caudectomy (tail docking), cystotomy, orchidectomy in males or ovariohysterectomy in females, performed. The swab samples were taken before scrubbing and at graduated intervals of two days, four days and seven days after surgery from the surgical site. The organisms isolated from the swab samples after culture were identified based on size, shape and arrangement of colonies. All the media used were prepared according to standard described by Cullimore (2010). All media were autoclaved before and tested for sterility before use. Post inoculation, bacterial colonies were identified using Color Atlas of Diagnostic Microbiology (Cullimore, 2010) and confirmed using biochemical tests. First, samples were placed on nutrient agar at 30°C for 48 hours before being sub-cultured on MacConkey Agar. Resultant growth was further plated on Baird Parker agar and Eosin Methylene Blue agar (Oxoid) and incubated at 37°C for 24 hours with 5 % CO₂ adjustment. Bacteria were identified in various media by morphological characteristics as reported by Kshikhundo and Itumhelo (2016).

Data analysis:

The one-way analysis of variance contained in SPSS 2011 was used to compare means of the controls and test values for each group to see dispersions. Values less than 0.05 is considered statistically significant

RESULTS

The haematological findings revealed marked leucocytosis in the skin defect group four days post surgery as did the caudectomy group two days post operatively. Similarly, both cystotomy and ovariohysterectomy groups presented leukocytosis from post-surgical contamination, albeit statistically not significant (P>0.05). The ovariohysterectomy group recorded marked statistically significant decrease in haemoglobin concentration indicating anaemia during and two days post surgery putatively associated with hemorrhages intra-operatively. Other findings across groups were slight eosinophilia, increased band cells and neutrophilia (Table 1).

Comment [AP22]: Please elaborate and relate the number of samples per group per dog

Comment [AP23]: Before what????

Comment [AP24]: Check for double punctuation

Comment [AP25]: delete

Comment [AP26]: were and NOT is

Comment [AP27]: delete

Comment [AP28]: what happen to RBC,PCV, HB????

Comment [AP29]: It will be very relevant to calculate and add the RBC indices MCV,MCHC,MCH

Table 1: Haematological indices for various common surgical procedures in small animals

•	Groups	•	PCV	Hb	RBC	WBC	N	L	M	E	В	Ba
			(%)	(g/dl)	$((10^6/mm^3)$	$(\times 10^3/\text{mm}^3)$	$(\times 10^3/\text{mm}^3)$	$(\times 10^3/\text{mm}^3)$	$(\times 10^3/\text{mm}^3)$	$(\times 10^3/\text{mm})$	$(\times 10^3/\text{mm}^3)$	$(\times 10^3/\text{mm}^3)$
										3)		
Skin Defect	1	DA	34±0.20	12±0.80	5.34±0.20	10.50±0.20	7.98±0.07	1.89±0.80	0.32±0.06	0.32±0.30	0.00	0.00±0.00
		DB	30±0.30	10±0.20	4.51±0.40	15.95±0.80	13.24±0.40	1.60±0.30	0.48±0.40	0.00 ± 0.00	0.00	0.64 ± 0.50
		DC	28±0.06	9±0.30	3.18 ± 0.20	60.78±0.40	46.80±0.06	2.43±0.10	4.25±0.20	0.00±0.00	0.00	7.29±0.10
		DD	31±0.08	10±0.70	4.89±0.10	10.85±0.30	4.12±0.08	4.56±0.50	1.19±0.07	0.11 ± 0.40	0.00	0.87 ± 0.40
Caudectomy	2	DA	37±0.06	12±.20	4.49±0.40	20.10±0.20	12.46±0.30	4.62±0.30	1.41±0.30	0.60 ± 0.60	0.00	1.01±0.80
		DB	22±0.23	7±0.05	5.08±0.70	21.90±0.70	17.08±0.60	3.94±0.40	0.22±0.70	0.00 ± 0.00	0.00	0.66 ± 0.30
		DC	33±0.07	11±0.06	2.82 ± 0.20	13.10±0.40	8.65±0.30	4.06±0.40	0.13±0.25	0.13 ± 0.80	0.00	0.13±0.40
		DD	33±0.10	11±0.20	4.29±0.10	9.23±0.80	3.88±0.20	4.98±0.50	0.37±0.30	0.00 ± 0.00	0.00	0.00 ± 0.00
Cystotomy	3	DA	39±0.55	13±0.10	5.93±0.30	21.90±0.20	18.40±0.20	0.44±0.20	0.88 ± 0.70	0.00 ± 0.00	0.00	2.19±0.40
		DB	24±0.40	8±0.06	3.79±0.20	17.60±0.60	11.62±0.10	4.75±0.40	0.88 ± 0.30	0.00 ± 0.00	0.00	0.35±0.50
		DC	23±1.06	8±0.70	3.36±0.30	22.85±0.50	17.14±0.20	4.57±0.70	0.69 ± 0.20	0.23 ± 0.20	0.00	0.23±0.20
		DD	25±0.06	8±0.20	4.18±0.30	7.25±0.40	4.71±0.10	1.81±0.30	0.36±0.60	0.00 ± 0.05	0.00	0.36 ± 0.40
осн	4	DA	33±0.07	11±0.10	4.65±0.80	13.85±0.01	9.97±0.20	3.05±0.50	0.14 ± 0.40	0.14 ± 0.50	0.00	0.55±0.60
		DB	30±0.24	10±0.10	4.18±0.30	27.93±0.30	20.95±0.10	4.47±0.20	0.84 ± 0.05	0.00 ± 0.00	0.00	1.68±0.07
		DC	30±0.06	10±0.40	4.73±0.10	12.50±0.06	7.75±0.40	1.25±0.40	0.75 ± 0.70	0.00 ± 0.00	0.00	2.75±0.60
		DD	28±0.08	9±0.60	4.70±0.20	2.95±0.30	1.06±0.30	1.53±0.60	0.18 ± 0.30	0.00 ± 0.00	0.00	0.18 ± 0.40
OVH	5	DA	38±0.21	13±0.01 ^a	5.30±0.10	8.88±0.10	3.37±0.30	4.88±0.30	0.27±0.60	0.00 ± 0.00	0.00	0.36 ± 0.20
		DB	34 ± 0.05	11±0.03 ^a	5.14±0.40	1.30 ± 0.40	0.30 ± 0.80	0.78 ± 0.30	0.22 ± 0.40	0.00 ± 0.00	0.00	0.00 ± 0.40
		DC	35±0.05	12±0.10	4.29±0.05	18.75±0.30	9.38±0.10	6.75±0.20	0.56±0.60	0.19±0.50	0.00	1.88±0.10
		DD	34±0.10	11±0.07	5.31±0.01	15.85±0.09	9.83±0.10	4.12±0.70	0.48 ± 0.80	0.48 ± 0.60	0.00	0.95±0.20
	Ref.		36-	12-18	5.4-8.5	6-18	3-12	1-5	0.2-1.5	0.1-0.8	0.0-0.0	0.0-3.0
	Values		55									

KEY: PCV- Packed cell volume, **Hb-** Haemoglobin concentration, **RBC-** Red blood cells, **WBC-** White blood cells, **N-** Neutrophils, **L-** Lymphocytes, **M-** Monocytes, **E-** Eosinophils, **B-** Basophils, **Ba-** Band cells, **OCH-**Orchidectomy, **OVH-**Ovariohysterectomy, ^a Statistically significant. **DA-** before surgery, **DB-** 2 days after surgery, **DC-** 4 days after surgery, **DD-** 7 days after surgery, ^a Statistically significant



Organisms identified were *S. aureus, Klebsiella* spp., *Micrococcus luteus, Enterobacter* spp., and *Bacillus subtilis* (Table 2 and 3). *Staphylococcus aureus, Klebsiella* spp. and *Enterobacter* spp. were the most represented contaminants before scrubbing, their source likely miscellaneous. After scrubbing, *Klebsiella* persisted from undetermined miscellaneous sources. However, other previously present contaminants before scrubbing were not detected after scrubbing. Two days after surgery and during post operative follow up, *Klebsiella, Staphylococcus aureus* and *Enterobacter* spp. were isolated as contaminants of surgical sites without any significant association to any surgical group. The organisms were distributed in all surgical groups. Four days of post-surgical management present *Staphylococcus aureus, Klebsiella* spp., *Enterococcus* spp., and same microbial panel were isolated seven days post surgery except for addition of *Micrococcus* spp. The Contaminants presented a trend of persistence before and after scrubbing with Staphyllococcus being the most persistent and represented surgical site contaminant (Table 3).

Table 2: Temporal relationship between surgical site contaminants and various commonly performed procedures in small animals

Skin defects	Tail docking	Cystotomy	Ovariohysterectomy	hidectomy
DA- S. aureus	DA- Klebsiella spp.	DA- Enterobacter spp.	DA- Staphylococcus aureus.	DA- Klebsiella spp.
DB- No growth	DB-No growth	DB- No growth.	DB- Enterobacter spp.	DB- Klebsiella spp.
DC-Klebsiella spp.	DC- S. aureus	DC- Klebsiella spp.	DC- Enterobacter spp.	DC- Enterobacter spp.
DD- No growth	DD- Bacillus subtilis	DD- Klebsiella spp.	DD- Enterobacter spp.	DD- Staphylococcus aureus
DE-Staphylococcus aureus	DE- Bacillus subtilis	DE- Bacillus subtilis	DE- Micrococcus luteus	DE- Staphylococcus aureus

KEY: DA-before scrubbing, DB- after scrubbing, DC- 2 days after surgery, DD- 4 days after surgery, DE- 7 days after surgery,

Table 3: Frequency of Surgical Site contaminants isolated in experimented commonly performed procedures in small animals

Organisms	Frequency of isolation
Bacillus subtilis	19
Enterobacter spp.	17
Klebsiella spp.	30
Micrococcus luteus	13
Staphylococcus aureus	27

DISCUSSION

The marked leukocytosis recorded in the orchidectomy, cystotomy and ovariohysterectomy is a probable indication of systemic inflammatory response (SIS) initiated when barriers to tissues are invaded. Mahmood et al., (2017) reported similar marked leukocytosis post operatively which is a marker associated with adverse postoperative outcome. In the present study, the leukocytosis with attendant neutrophillia two days post surgery for caudectomy and orchidectomy surgical groups, as well as four days post surgery for cystotomy and skin defects surgical groups may be an independent predictor of infection-related postoperative complication. This finding becomes more plausible and convincing when considered with the microbiological findings of patients in these surgical groups. Correspondingly, Staphylococcus aureus and Klebsiella spp known to be commonly found in surgical wounds as contaminants were isolated in all the surgical groups at virtually all phases of the procedures. The decreased hematocrit (PCV and Hb) concentrations should be anticipated in most surgeries. In a comprehensive cohort study on outcome of surgical patients, Seitas et al., (2015) reported marked decrease in mean hematocrit from 42.01% to 36.78% 24 hours after surgery. This is consistent with the present study as the hemoglobin concentration was significantly (P<0.05) decreased in the OVH group, all other groups present slightly normal values albeit on the lower margin. The low Hb concentration in our study present before surgery and two days post surgery may be related to issues with nutrition or intraoperative bleeding associated with both elective and emergency invasive surgeries. Nurses and attendants must be knowledgeable about asepsis and resist the temptation to resort to antibiotic abuse.

The most well established strategies to reduce the impact and complication of SSIs are preventative which entails boosting host immunity while decreasing wound contamination pre, intra and post surgery (Nelson, 2011). Surveillance of SSI rates including feedback to the surgical team has been shown to be an effective component of SSI reduction strategy (Awad, 2012). This fits into the research as scrubbing proved an indispensable in decreasing intraoperative and post surgical contamination. Contaminants associated with patient's microflora: *Staphylococcus aureus*, *enterobacter spp*, and *Bacillus subtillis* were all destroyed during scrubbing except for *Klebsiella* that persisted intraoperatively post scrubbing

A survey performed amongst human surgeons reported 63 % did not comply with the current recommended guideline on pre-operative bathing, hair removal, antimicrobial prophylaxis, and intraoperative skin preparations as well as continuous scrubbing (Davis *et al.*, 2008). Similar unsatisfactory compliance was reported amongst surgeons in a recent comprehensive survey amongst small animal surgeons and clinicians which reported that compliance was only 14 % and that only 3 % consistently performed hand wash before and after patient contact. Probable cause(s) for negligence amongst veterinarians may be due to case loads amongst private veterinarians motivated for profit making in some instances, lack of standard facility for hand disinfection amongst suburban and rural veterinary government clinics in developing countries, and antimicrobial abuse by clinicians whom assume eventual infection has been and can be controlled with antibiotics.

Most surgeons of companion animals were inconsistent in implementing asepsis guidelines and often, poor compliance is given to standard and well-established surgical

Comment [AP30]: is this the actual abbreviation????

Comment [AP31]: In writing laboratory report relating to haematology, the rbc components (rbc, pcv and Hb) is expected to always come before WBC and differential leucocytes counts

Comment [AP32]: Un-italysize

Comment [AP33]: By who???

Comment [AP34]: Caseload????

preparation practices (Anderson *et al.*, 2013). Surgical asepsis prevents wound contamination originating from the patient or the environment of the patient (Verwilghen and Singh, 2015). If post surgical infection must be reduced then the surgical team must enforce standard aseptic guidelines for every surgery. Data from this study showed surgical patients are hosts to numerous bacterial genera which may be normal flora on parts of patients. Generally, *Staphylococcus aureus*, *Klebsiella* spp., *Enterobacter*, *Bacillus subtillis* and *Micrococcus* spp. were the organisms isolated as potential contaminants pre and post surgery. *Klebsiella* spp. and *Enterobacter* spp. were isolated after scrubbing, there is invariably, the chance that surgical field is contaminated just after shaving and before scrubbing, this risk extends even to scrubbed sites. It is critical therefore, for scrubbing to be impeccable and detailed in theatre protocols for strict compliance amongst interns; these become imperative in the Veterinary Teaching Hospitals where students are undergoing training.

Several surgical reports have shown a temporal relationship between interventions and enforced compliance to hand washing hygiene and reduction of SSI (Thu *et al.*, 2007). Outside the closed operating room, transmission of microbial pathogens via the hands of health care providers such as animal nurses and handlers is possible and has contributed to the high incidence of SSI in veterinary medicine (Thu *et al.*, 2007). There is no substitute to hands scrubbing hygiene in the reduction of SSI. It is therefore regarded as one of the most effective strategy in reducing and preventing nosocomial and surgical site infections in veterinary medicine. This was evident from the study as only *Klebsiella spp* persisted after hand scrubbing amongst five genera of bacterial contaminants. It is important to thoroughly use highly potent scrub solutions and employ thorough scrubbing technique

Current widespread consensus recommendation for prevention of SSI elaborated three preventive measures proven to improve patient care if implemented. These measures include, surgical hand preparation, appropriate antimicrobial prophylaxis and post-surgical care available (Uckay et al., 2010). There are a number of simple and low cost interventions with high impact and potential for preventing SSIs. Surgical etiquette, often glossed as insignificant is critical for patients post surgery. It is unlikely that surgeons will not maintain traditional surgical attire: gloves, mask, gown, drapes and host of others. Talking intraoperative, receiving visitors in theaters, changing surgeons intraoperative are all major risks and violations of etiquette responsible for high incidence of SSI in small animals. The World Health Organization stated a simple act of hand hygiene is considered a pillar for prevention of spread of infectious diseases (WHO, 2009). Knowledge about standard pre-surgical hand preparation is debatably low in veterinary practice in Nigeria, especially in rural places where trained veterinarians habitually become negligent for lack of standardized monitoring and regulatory policies. The pathogens isolated in the research are common contaminants found on fomites, sometimes as normal flora on skin of medical personnel or around the operating room. These pathogens may likely have been from hands contamination. A recent survey of human and small animal surgeons surprisingly reported surgeon's behavior in the operating theater does not necessarily correlate with their scientific knowledge, resulting to low compliance and creating risks to patients (Anderson et al., 2013). An enforceable consensus must be determined and red lines drawn for minimum compliance at all levels of health care provision for all surgical procedures.

Comment [AP35]: :

Every surgery is open to complications depending on the scope and intensity of post surgical care available. Types of post-surgical complications may include wound infection, wound dehiscence, haemorrhages, septicaemia (fever), intestinal obstruction, oedema, myiasis, shock and death. These complications may be avoided through proper pre-surgical evaluation, aseptic techniques during surgical procedures and post-operative care (Barie, 2002). Post-surgical care remains a strong determinant of prognosis for both invasive and non-invasive surgeries. Most pathogens contaminants were detected 4 days post surgery indicating poor post surgical care on the average available in most veterinary establishments in Nigeria. There was seldom contamination of surgical sites for most procedures studied two hours post scrubbing. Data from the study showed *Staphylococcus aureus* was persistent at pre, perioperative and postoperative phases of the study. Clinicians are therefore to anticipate this trend in most surgeries. More and wider research to investigate antimicrobial resistance (AMR) and resistance to scrub solutions by isolates of *Staphylococcus* and *Klebsiella* species should be conducted in other studies to enumerate reasons.

A very effective scrub solution will kill a good number of microbes on the skin before an incision is made thereby reducing the microbial load and reducing the chances of an infection occurring (Reichman and Greenberg, 2009). Scrubbing to reduce contamination and improve prognosis and rapid recovery has been an old concept but scarcely implemented for all cases in developing countries. It was evident from this research scrubbing is indispensable and amongst core practices to prevent sepsis and assure better patient recovery. Before scrubbing, in group 2 (caudectomy), *S. aureus* was isolated from the swab sample, which is a normal skin flora. After scrubbing, *Klebsiella* spp. was isolated, this means that *Klebsiella* spp. was introduced into the surgical site during scrubbing after the scrub solution removed *S. aureus* from the site. This can be attributed to improper scrubbing techniques. *Klebsiella* spp. persisted at the surgical site post-surgery because it was isolated from the site again two days after the surgery, along with *M. luteus*, four and seven days after the surgery. *Klebsiella* spp. and *M. luteus* are opportunistic organisms that might have contaminated the environment from probable causes like urine, faeces, or nasal discharges (Roberts *et al.*, 2000).

Most procedures had no microbial contamination the few hours post scrubbing, contamination originating from surgical team, theatre hardware, the environment and the recovery room as well as the kennels are the commonest cause of infection and complications after surgery. Post surgically the use of proper restraint methods e.g. collars is important because with no restrain the patient can remove the sutures with its teeth, predisposing the surgical site to infection (Turk *et al.*, 2015). The anaemia was attributed to the blood lost during the surgery, while neutrophilia and leukocytosis are signs of ongoing infection as a result of contamination of surgical site 4 days post-surgery.

Conclusion: The study provided empirical evidence of sources of SSI in veterinary surgery, the result will also apply to most clinics engaged in common surgical procedures. Genera of microbes isolated include *B. subtillis, Klebsiell* spp., *Enterobacter* spp., *M. luteus, S. aureus. Klebsiella* spp. presented the highest frequency as common contaminant of surgical site. Severe anemia resulted from ovariohysterectomy, it was however, expected since surgery was invasive. Scrubbing with standard solution reduced incidence of SSI during surgery, there is a predictable

Comment [AP36]: ;

Comment [AP37]: Rooms/are or room/is

Comment [AP38]: Stress of surgery could also result in leaucocytosis

outcome that infections can be minimized and complications prevented with impeccable scrubbing and post-surgical care.

REFERENCES

- Sanni, B. D., Elisha, I. L., Hassan, A. Z. and Adeyanju, J. B. Complications from students\'small animal surgical laboratories. *Nigerian Veterinary Journal*, 2003;24(2): 57 – 62
- CDC Surgical Site Infection (SSI). Centers for Disease Control and Prevention (CDC), Georgia, Atlanta, USA. 2014. https://www.cdc.gov/hai/ssi/ssi.html Accessed December 12, 2019.
- 3. Nelson, L. L. Surgical site infections in small animal surgery. *Veterinary Clinics: Small Animal Practice*, 2011;41(5): 1041 1056.
- 4. Verwilghen, D. and Singh, A. Fighting surgical site infections in small animals: are we getting anywhere?. *Veterinary Clinics of North America Small Animal Practice*, 2015;45(2): 243 276.
- Cheadle, W. G. Risk factors for surgical site infections. Surgical Infections, 2006;7(Suppl. 1): S7 S11.
- Lieber, B., Han, B., Strom, R.G., Mullin, J., Frempong-Boadu, A. K., Agarwal, N., Kazemi, N. and Tabbosha, M. Preoperative predictors of spinal infection within the National Surgical Quality Inpatient Database. World Neurosurgery, 2016;89: 517 – 524.
- Mukagendaneza, M. J., Munyaneza, E., Muhawenayo, E., Nyirasebura, D., Abahuje, E., Nyirigira, J., Harelimana, J. D. D., Muvunyi, T. Z., Masaisa, F., Byiringiro, J. C. and Hategekimana, T. Incidence, root causes, and outcomes of surgical site infections in a tertiary care hospital in Rwanda: a prospective observational cohort study. *Patient Safety in Surgery*, 2019;13(1): 10. https://doi.org/10.1186/s13037-019-0190-8
- 8. NPC 2006 National Census. Federal Republic of Nigeria Official Gazette, National Population Commission (NPC). 2006; Abuja, Nigeria.
- 9. Gatley, J. M. The prevalence of *Leptospira serovars* causing infection in dogs in South Africa, M.Sc. Thesis, University of Pretoria, South Africa 2009.
- Ruangpan, L. and Tendencia, E. A. Bacterial isolation, identification and storage. Pages 3 –
 In: Laboratory Manual of Standardized Methods for Antimicrobial Sensitivity Tests for Bacteria Isolated from Aquatic Animals and Environment. Aquaculture Department, Southeast Asian Fisheries Development Center, Tigbauan, Iloilo, 2004; Philippines.
- 11. Lichtman, M. A., Kaushansky, K., Kipps, T. J., Pichal, J. T. and Levi, M. M. Williams Manual of Hematology. 2011; Eight Edition, McGraw Hill Professionals, New York, USA.
- Cullimore, D. R. Practical Atlas for Bacterial Identification. Second Edition, Tailor and Francis Group, 2010;LLC. Florida, USA.
- 13. Kshikhundo, R. and Itumhelo, S. Bacterial species identification. *World News of Natural Sciences*, 2016;3: 26 38.

- Mahmood, E., Knio, Z.O., Mahmood, F., Amir, R., Shahul, S., Bilal, M., Baribeau, Y., Mueller, A. and Matyal, R. Pre-operative asymptomatic leukocytosis and postoperative outcome in cardiac surgery patients. *PLoS ONE*. 2017;12(9): 1-11.
- 15. Seitas, R., Espinosa, W., Sallent, A., Cusco, X., Cugat, R. and Ares, O. Comparison of pre and postoperative hemoglobin and hematocrit levels in hip arthroscopy. *The Open Orthopedics Journal*, 2015; 9: 432-436.
- Awad, S. S. Adherence to surgical care improvement project measures and post-operative surgical site infections. Surgical Infections, 2012;13(4): 234 – 237.
- 17. Davis, P. J., Spady, D., DE Gara, C. and Forgie, S. E. Practices and attitudes of surgeons toward the prevention of surgical site infections: a provincial survey in Alberta, Canada. *Infection Control and Hospital Epidemiology*, 2008;29(12): 1164 1166.
- 18. Anderson, M. E., Foster, B. A. and Weese, J. S. Observational study of patient and surgeon preoperative preparation in ten companion animal clinics in Ontario, Canada. *BMC Veterinary Research*, 2013; 9(1): 194. https://doi.org/10.1186/1746-6148-9-194
- Thu, L. T., Dibley, M. J. and Nho, V. V. Reduction in surgical site infections in neurosurgical patients associated with a bedside hand hygiene program in Vietnam. *Infections Control and Hospital Epidemiology Journal*, 2007;28(5): 583 – 588.
- 20. Uçkay, I., Harbarth, S., Peter, R., Lew, D., Hoffmeyer, P. and Pittet, D. Preventing surgical site infections. *Expert Review of Anti-Infective Therapy*, 2010;8(6): 657 670.
- WHO WHO Guideline on Hand Hygiene in Health Care: A Summary. World Health Organization, Geneva, Switzerland. 2009; http://www.actiweb.es/salasanroque/archivo2.pdf. Accessed January 8th, 2020
- 22. Barie, P. S. Surgical site infections: epidemiology and prevention. *Surgical Infections*, 2002;3(S1): S9 S21.
- 23. Reichman, D. E. and Greenberg, J. A. Reducing surgical site infections: a review. *Reviews in Obstetrics and Gynecology*, 2011;2(4): 212 221.
- 24. Roberts, D. E., Mcclain, H. M., Hansen, D. S., Currin, P. and Howerth, E. W. An outbreak of *Klebsiella pneumoniae* infection in dogs with severe enteritis and septicemia. *Journal of Veterinary Diagnostic Investigation*, 2000;12(2): 168 173.
- 25. Turk, R., Singh, A. and Weese, J. S. Prospective surgical site infection surveillance in dogs. *Veterinary Surgery*, 2015;44(1): 2 8.