

# Original Research Article

## Malaria parasite infection in some periurban and rural communities in Ekiti State, Nigeria

### ABSTRACT

Malaria parasite (MP) infection is often found where malaria is endemic. Infection of malaria parasites was investigated in three randomly selected periurban and rural communities of Ekiti State, Nigeria. Blood samples were collected and examined microscopically for the presence of malaria parasites in dry and raining seasons among human volunteers in each community. Prevalence of malaria parasite (MP) infection was determined. Overall prevalence of MP infection was 26% in dry season and 38% in raining season ( $P = .001$ ). In dry season, prevalence of MP infection was 22.3% in periurban communities and 31.3% in rural communities ( $P = .001$ ). During the raining season the prevalence was 39.8% in periurban and 35.9% in rural communities ( $P = .12$ ), with *Plasmodium falciparum* being the dominant species. Children of 0-5 years had the highest prevalence of malaria parasite infection (61.1%) during raining season while teenagers between 16-20 years had the highest prevalence of infection (31.5%) in the dry season. Generally, there was an increase in malaria parasite density during raining season. This study confirmed the existence of malaria parasite infection in Ekiti State.

The prevalence of the infection appeared to be higher in rural communities than the peri-urban communities in the dry season.

**Keywords:** Malaria, prevalence, Nigeria, Ekiti, parasite, periurban, rural, malaria density

### INTRODUCTION

Malaria remains the leading parasitic disease that causes morbidity and mortality in Nigeria. Nigeria and Democratic Republic of Congo alone were reported to account for 40% of the total world malaria death [1]. Nigeria has also been recently ranked the topmost country along with four other countries in the world where malaria is highly prevalent [2]. In areas with high transmission of malaria, children under five are usually vulnerable to infection, illness and death and more than two thirds (70%) of all malaria deaths have been reported to occur in this age group. Although, the number of under five

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29 malaria's deaths was reported to decline globally from 440,000 in 2010 to 285,000 in 2016, malaria  
30 still remains a major killer of children of under five years old [2]. In Nigeria, about half of the adult  
31 citizens were reported to have at least one episode of malaria each year and seven (7) out of every  
32 10 patients seen in Nigeria hospitals were ill of malaria [3]. The disease also causes hardship and  
33 economic lost [4].

34 The transmission of malaria in Nigeria occurs at steady rate throughout the year which comprises of a  
35 distinctive rainy and dry season [3]. The dominant species of malaria parasites in Nigeria is  
36 *Plasmodium falciparum* (> 95%) with *P. ovale* and *P. malariae* playing a minor role with the latter  
37 being quite common as double infections in children [5]. Many authors had reported cases of malaria  
38 parasite infection in many states in Nigeria [6-12]. Ekiti is one of the 36 states of Nigeria and it is  
39 located in the Southwest geopolitical zone of the country. The state consists of communities which  
40 range from peri-urban to rural settlements. Although *Plasmodium falciparum* was reported to be  
41 prevalent among the participants in a study carried out on the severity of malaria infection and effect  
42 of anti-malaria drugs on gender differences at Federal Teaching Hospital at Ido-Ekiti in Ekiti State  
43 [13], but there have been scanty community based studies to produce a baseline information about  
44 the prevalence of malaria parasite infection in Ekiti State. Prevalence surveys are known to provide  
45 basic data about the state of diseases in a given area and these are usually useful tools for controlled  
46 programmes. Therefore, this study aimed at determining the prevalence of malaria parasite infection  
47 in Ekiti State with some periurban and rural communities serving as case study.

## 48 **MATERIALS AND METHODS**

### 49 **Study location and selection of participants**

50 Six communities were selected through a multi-stage sampling method [14]. Stage 1 was the  
51 selection of all the three senatorial districts in Ekiti State. Stage 2 was selection of one local  
52 government area (LGA) from each of the senatorial district by lottery. Stage 3 involved purposefully  
53 selection of one peri-urban community and one rural community from each of the selected local  
54 government area. The selected communities were Iye, Ewu, Iyin, Eyio, Agbado and Ilupeju-Ijan. The  
55 geographic location of the communities in Ekiti State is shown in Figure 1. The people of these  
56 communities are Yoruba ethnic group and their major occupation is farming. However, some of them

are artisans and government workers. Table 1 shows the population of each community [15] and the expected sample size according to Yemane [16].

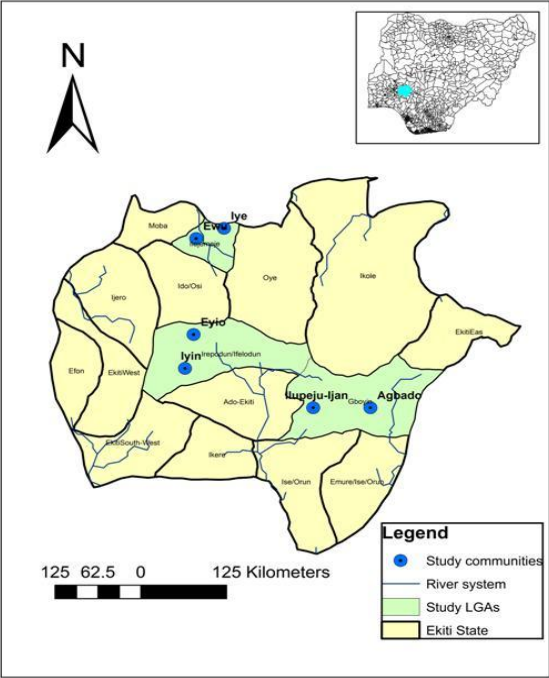


Figure 1. Map of Ekiti State of Nigeria showing the study communities

**Table 1: Populations of the study communities and sample size**

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| Senatorial District | LGA               | Community            | Population | Expected sample size |
|---------------------|-------------------|----------------------|------------|----------------------|
| Ekiti North         | Ilejemeje         | Iye (Periurban)      | 20,885     | 204                  |
|                     |                   | Ewu (Rural)          | 7,018      | 198                  |
| Ekiti Central       | Irepodun/Ifelodun | Iyin (Peri-urban)    | 42,422     | 204                  |
|                     |                   | Eyio (Rural)         | 4,281      | 196                  |
| Ekiti South         | Gbonyin           | Agbado (Periuban)    | 23,495     | 204                  |
|                     |                   | Ilupeju-Ijan (Rural) | 5,598      | 197                  |
| Total               |                   |                      | 113,516    | 1,203                |

#### **Ethical approval and informed consent**

Ethical approval to carry out this study was obtained from Ethics and Research Committee, Ekiti State University Teaching Hospital, Ado-Ekiti, Ekiti State. Approval to conduct the study within the communities in Ekiti State was obtained from Ekiti State Ministry of Health, Ado-Ekiti. The consents of volunteers were obtained after explaining the aim and purpose of the study to them. Only participants who gave their consents were recruited into the study. Participants that tested positive for malaria parasite infection were treated with Artemether/lumefantrine tablets (20mg/120mg).

#### **Blood samples collection and laboratory procedures**

Peripheral blood samples were collected through finger prick from volunteers in the dry season and raining season in all the communities. The blood samples were used to prepare thick and thin blood smears on clean grease-free microscope slides as described by Cheesbrough [17]. Thin films were fixed with methanol and allowed to air dry after which both thick and thin smears were stained with 10% Giemsa stain for 30 minutes. Stained slides were afterwards rinsed with distilled water and air dried. The films were examined for the presence of malaria parasite under a compound microscope as described by Cheesbrough [17]. The parasites were identified into species as guided by Fleck and Moody [18]. Slides were considered negative if no parasites were seen in 100 oil-immersion fields. For

79 positive smears, the number of parasites was counted against 100 white blood cells (WBC). Parasite  
80 density was recorded as number of parasite/μl of blood, assuming an average leucocytes count of  
81 8,000/μl of blood [19]. Parasite density was categorized as low (501-5000p/μl of blood), moderate  
82 (>5000-100000p/μl of blood) and high (>5000-100000p/μl of blood).

83 Parasite density =  $\frac{\text{Number of parasites counted}}{\text{Number of leukocytes counted}} \times 8000$   
84

85 Prevalence of malaria infection =  $\frac{\text{Number of infected individuals}}{\text{Total number of participants}} \times 100\%$   
86

### 87 Statistical analyses

88 Chi-square was used to analyze data obtained in the study and a probability value (p-value) of  $P < .05$   
89 was regarded as significant.

## 91 RESULTS

### 92 Prevalence of malaria parasite infection between periurban and rural communities in both dry 93 and raining seasons

94 A total number of 1,883 and 1,522 persons were enrolled during dry and raining seasons respectively  
95 (Table 2). Majority of the respondents were females for both seasons. The prevalence of malaria  
96 parasite (MP) infection was significantly higher ( $P = .001$ ) in the raining season (38%) compared to  
97 that of the dry season (26%). There was also a significant difference ( $P = .001$ ) in the prevalence of  
98 malaria parasite infection across the communities during both seasons. Prevalence of MP infection  
99 was significantly higher ( $P = .001$ ) in rural communities (31.3%) compared to periurban communities  
100 (22.3%) during dry season. On the other hand, a slight difference in prevalence ( $P = .12$ ) was  
101 observed between periurban and rural communities in the raining season (Table 3). *Plasmodium*  
102 *falciparum* was the most prominent species examined among the infected participants in both dry  
103 season (99.2%) and raining season (99.1%). However, *P. malariae* was examined among 13  
104 participants (0.7%) and mixed infections of *P. falciparum* and *P. malariae* among 3 participants (0.2%)  
105 in dry season. Five participants (0.9 %) were infected with *P. malariae* in raining season.

Comment [IL3]: Sex ratio

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106 **Table 2: Prevalence of malaria parasite infection among the participants in the six study**  
 107 **communities in Ekiti State**

108

| Community types              | Community    | Dry Season      |                    | Raining Season  |                    | P-value                     |
|------------------------------|--------------|-----------------|--------------------|-----------------|--------------------|-----------------------------|
|                              |              | Number Examined | MP positive        | Number Examined | MP positive        | Dry against Raining seasons |
| Peri-urban                   | Iye          | 386             | 92 (23.8%)         | 263             | 79 (30.0%)         | .078                        |
|                              | Iyin         | 379             | 92 (24.3%)         | 293             | 152 (51.9%)        | .001                        |
|                              | Agbado       | 354             | 66 (18.6%)         | 273             | 99 (36.3%)         | .001                        |
| Rural                        | Ewu          | 240             | 63 (26.2%)         | 234             | 95 (40.6%)         | .011                        |
|                              | Eyio         | 218             | 79 (36.2%)         | 209             | 68 (32.5%)         | .421                        |
|                              | Ilupeju-Ijan | 306             | 97 (31.7%)         | 250             | 86 (34.4%)         | .500                        |
| <b>Total Number Examined</b> |              | <b>1883</b>     | <b>489 (26.0%)</b> | <b>1522</b>     | <b>579 (38.0%)</b> | <b>.001</b>                 |

109 MP = malaria parasites, p-value across the six communities in dry season ( $P = .001$ ), p-value across the six  
 110 communities in raining season ( $P = .001$ )

111  
 112 **Table 3: Prevalence of malaria parasite infection among the participants in the peri-urban and**  
 113 **rural communities in Ekiti State**

| Community types | Dry Season      |                    | Raining Season  |                    | P-value                    |
|-----------------|-----------------|--------------------|-----------------|--------------------|----------------------------|
|                 | Number Examined | MP positive        | Number Examined | MP positive        | Dry against Raining season |
| Periurban       | 1119            | 250 (22.3%)        | 829             | 330 (39.8%)        | .001                       |
| Rural           | 764             | 239 (31.3%)        | 693             | 249 (35.9%)        | .067                       |
|                 | <b>1883</b>     | <b>489 (26.0%)</b> | <b>1522</b>     | <b>579 (38.0%)</b> | <b>.001</b>                |

114 MP = malaria parasites, p-value across community types in dry season ( $P = .001$ ), p-value across community  
 115 types in raining season ( $P = .12$ )

#### Prevalence by age and sex in both dry and raining seasons

There was no significant relationship ( $P = .88$ ) between age and prevalence of MP infection during dry season. Prevalence of infection was slightly higher among the children and teenagers compared to the adults (Table 4). On the other hand, a significant relationship ( $P = .001$ ) existed between age and prevalence of MP infection in the raining season. Children of 0-5 years had the highest prevalence of malaria parasite infection (61.1%) while a gradual decrease in prevalence of infection was observed as the age group increased (Table 4).

In the dry season, 26.9% of male and 25.3% of females had malaria parasites infection respectively ( $P = .36$ ). In the raining season, 40.2% males and 36.4% of females had malaria parasite infection with  $P = .13$  (Table 5). However, the difference in the prevalence of malaria parasite infection with respect to gender was not statistically significant.

**Table 4: Prevalence of malaria parasite infection across the age group in the study communities in Ekiti State**

| Age (years)  | Group                  | Dry Season      |                     | Raining Season  |                     |
|--------------|------------------------|-----------------|---------------------|-----------------|---------------------|
|              |                        | Number Examined | MP positive         | Number Examined | MP positive         |
| 0-5          |                        | 283             | 68 (24.0 %)         | 280             | 171 (61.1 %)        |
| 6-10         |                        | 258             | 72 (27.9 %)         | 267             | 154 (57.7 %)        |
| 11-15        |                        | 421             | 112 (26.6 %)        | 205             | 89 (43.4 %)         |
| 16-20        |                        | 73              | 23 (31.5 %)         | 77              | 27 (35.1 %)         |
| >20          |                        | 848             | 214 (25.2 %)        | 693             | 138 (19.9 %)        |
| <b>Total</b> | <b>Number Examined</b> | <b>1883</b>     | <b>489 (26.0 %)</b> | <b>1522</b>     | <b>579 (38.0 %)</b> |

MP =Malaria parasites. Dry season; ( $P = .88$ ), Raining season; ( $P = .001$ ).

**Table 5: Prevalence of malaria parasite infection between the male and female participants in the study communities in Ekiti State**

| Sex                 | Dry Season         |                     | Raining Season     |                     |
|---------------------|--------------------|---------------------|--------------------|---------------------|
|                     | Number<br>Examined | MP positive         | Number<br>Examined | MP positive         |
| Male                | 802                | 216 (26.9 %)        | 641                | 258 (40.2 %)        |
| Female              | 1081               | 273 (25.3 %)        | 881                | 321 (36.4 %)        |
| <b>Total number</b> | <b>1883</b>        | <b>489 (26.0 %)</b> | <b>1552</b>        | <b>579 (38.0 %)</b> |
| <b>Examined</b>     |                    |                     |                    |                     |

MP =Malaria parasites. Dry season; ( $P = .36$ ), Raining season; ( $P = .13$ ).

#### **Seasonal differences in MP density between periurban and rural communities**

Malaria parasite density (MPD) among the infected participants across the six communities in the dry and raining seasons were presented in Table 6. Generally MPD increased significantly ( $P = .001$ ) during raining season compared to that of dry season.

Majority of the MP infected participants (93.0%) showed moderate MPD followed by low (3.7%) and high MPD (3.3%) in the dry season. On the other hand, the proportion of infected participants with the moderate MPD decreased (59.2%) while those with the high MPD increased (37.1%) in the raining season.

There was no significant difference ( $P = .39$ ) in the MPD between the peri-urban communities and the rural communities in the dry season. But a significant difference ( $P = .001$ ) existed in the MPD between the periurban communities and the rural communities in the raining season (Table 7). MPD across the age group showed no significant difference in both dry season and raining season (Table 8).



150 **Table 6: Malaria parasite density among the participants in the six study communities in Ekiti**  
 151 **State**

| During Dry Season     |              |                   |                                   |  |   |
|-----------------------|--------------|-------------------|-----------------------------------|--|---|
|                       | Community    | Number<br>with MP | Low MPD<br>(≤500p/μl<br>of blood) | Moderate MPD<br>(501-5000p/μl<br>of blood) | High MPD (>5000-<br>100000p/μl<br>of blood) |
| Peri-urban            | Iye          | 92                | 4 (4.3%)                          | 83 (90.2%)                                 | 5 (5.4%)                                    |
|                       | Iyin         | 92                | 1 (1.1%)                          | 86 (93.5%)                                 | 5 (5.4%)                                    |
|                       | Agbado       | 66                | 2 (3.0%)                          | 64 (97.0%)                                 | 0 (0.0%)                                    |
| Rural                 | Ewu          | 63                | 5 (7.9%)                          | 58 (92.1%)                                 | 0 (0.0%)                                    |
|                       | Eyio         | 79                | 0 (0.0%)                          | 74 (93.7%)                                 | 5 (6.3%)                                    |
|                       | Ilupeju-Ijan | 97                | 6 (6.2%)                          | 90 (92.8%)                                 | 1 (1.0%)                                    |
| Total                 |              | 489               | 18 (3.7%)                         | 455 (93.0%)                                | 16 (3.3%)                                   |
| During Raining Season |              |                   |                                   |  |   |
| Peri-urban            | Iye          | 79                | 2 (2.5%)                          | 42 (53.2%)                                 | 35 (44.3%)                                  |
|                       | Iyin         | 152               | 15 (9.9%)                         | 83 (54.6%)                                 | 54 (35.5%)                                  |
|                       | Agbado       | 99                | 0 (0.0%)                          | 40 (40.4%)                                 | 59 (59.6%)                                  |
| Rural                 | Ewu          | 95                | 3 (3.2%)                          | 67 (70.5%)                                 | 25 (26.3%)                                  |
|                       | Eyio         | 68                | 1 (0.5%)                          | 41 (60.3%)                                 | 26 (38.2%)                                  |
|                       | Ilupeju-Ijan | 86                | 0 (0.0%)                          | 70 (81.4%)                                 | 16 (18.6%)                                  |
| Total                 |              | 579               | 21 (3.6%)                         | 343 (59.2%)                                | 215 (37.1%)                                 |

152 MP = Malaria parasites, MPD = malaria parasite density. MPD in dry season across the communities ( $P = .026$ ),  
 153 MPD in raining season across the communities ( $P = .001$ ), MPD in Dry season against MPD in raining season  
 154 showed ( $P = .001$ )

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**Table 7: Malaria parasite density among the participants in the periurban and rural communities in Ekiti State**

| <b>During Dry Season</b>     |                |   |  |  |  |
|------------------------------|----------------|---|--|--|--|
| Community types              | Number with MP | Low MPD ( $\leq 500$ p/ $\mu$ l of blood) | Moderate MPD (501-5000p/ $\mu$ l of blood) | High MPD (>5000-100000p/ $\mu$ l of blood) |  |
| Peri-urban                   | 250            | 7 (2.8 %)                                 | 233 (93.2 %)                               | 10 (4.0 %)                                 |  |
| Rural                        | 239            | 11 (4.6 %)                                | 222 (92.9 %)                               | 6 (2.5 %)                                  |  |
| <b>Total</b>                 | <b>489</b>     | <b>18 (3.7 %)</b>                         | <b>455 (93.0 %)</b>                        | <b>16 (3.3 %)</b>                          |  |
| <b>During Raining Season</b> |                |   |  |  |  |
| Peri-urban                   | 330            | 17 (5.2 %)                                | 165 (50.0 %)                               | 148 (44.8 %)                               |  |
| Rural                        | 249            | 4 (1.6 %)                                 | 178 (71.5 %)                               | 67 (26.9 %)                                |  |
| <b>Total</b>                 | <b>579</b>     | <b>21 (3.6 %)</b>                         | <b>343 (59.2 %)</b>                        | <b>215 (37.1 %)</b>                        |  |

MP =Malaria parasites, MPD = malaria parasite density. MPD in dry season ( $P = .39$ ), MPD in raining season ( $P = .001$ ).

174 **Table 8: Malaria parasite density among the participants across the age group in the study**  
175 **communities**

| During Dry Season     |                |                                     |                                      |                                      |
|-----------------------|----------------|-------------------------------------|--------------------------------------|--------------------------------------|
| Age group             | Number with MP | Low MPD ( $\leq 500$ p/μl of blood) | Moderate MPD (501-5000p/μl of blood) | High MPD (>5000-100000p/μl of blood) |
| 0-5                   | 68             | 3 (4.4%)                            | 63 (92.8%)                           | 2 (2.9%)                             |
| 6-10                  | 72             | 2 (2.8%)                            | 68 (94.4%)                           | 2 (2.8%)                             |
| 11-15                 | 112            | 7 (6.2%)                            | 103 (92.0%)                          | 2 (1.8%)                             |
| 16-20                 | 23             | 0 (0.0%)                            | 21 (91.3%)                           | 2 (8.7%)                             |
| >20                   | 214            | 6 (2.8%)                            | 200 (93.5%)                          | 8 (3.7%)                             |
| Total                 | <b>489</b>     | <b>18 (3.7%)</b>                    | <b>455 (93.0%)</b>                   | <b>16 (3.3%)</b>                     |
| During Raining Season |                |                                     |                                      |                                      |
| 0-5                   | 171            | 5 (2.9%)                            | 94 (55.0%)                           | 72 (42.2%)                           |
| 6-10                  | 154            | 6 (3.9%)                            | 95 (61.7%)                           | 53 (34.4%)                           |
| 11-15                 | 89             | 2 (2.2%)                            | 53 (59.6%)                           | 34 (38.2%)                           |
| 16-20                 | 27             | 1 (3.7%)                            | 15 (55.6%)                           | 11 (40.7%)                           |
| >20                   | 138            | 7 (3.6%)                            | 86 (62.3%)                           | 45 (32.6%)                           |
| Total                 | <b>579</b>     | <b>21 (3.6%)</b>                    | <b>343 (59.2%)</b>                   | <b>215 (37.1%)</b>                   |

176 MP = Malaria parasites, MPD = malaria parasite density. MPD down the age group in dry season ( $P = .49$ ), MPD  
177 down the age group in raining season ( $P = .78$ ).

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## DISCUSSION

Malaria infection occurred in all the six communities selected for this study in Ekiti State. The overall prevalence of malaria parasite infection was 26% in the dry season and 38% in the raining season. Occurrence of malaria parasite infection in these communities agrees with the earlier reported cases of malaria parasite infection in Ekiti State [13, 20, 21]. The prevalence of malaria parasite infection in this study either in the raining season (38%) or in the dry season (26%) was not as high when compared with the reported prevalence of malaria infection from other states in Nigeria. For instance, Edogun *et al.* [6] recorded overall prevalence of 51.9% in Niger State. Babalola *et al.* [9] reported 40.8% of malaria prevalence among the parturients at the time of their delivery in Abeokuta Ogun State. Sam Wobo *et al.* [10] reported prevalence of 71.1% from four Primary Health Facilities located at Abeokuta in Ogun state. The reason why the prevalence of malaria infection in these states was higher than the present study might be due to the design of those studies which were hospital based. However, Bawa *et al.* [11] reported prevalence of 36.5% among pregnant women in Kastina State.

The prevalence of malaria parasite infection was significantly higher among the participants from rural communities (31.3%) than those from periurban communities (22.3%) in the dry season. Wang *et al.* [22] had reported a trend of increase in malaria prevalence from urban to periurban to rural settings in Burkina Faso. Many African settlements had been reported to show a clear trend of increasing malaria transmission from urban to periurban to rural settings [23] as African cities tend to grow outwards with perimeters consisting of relatively underdeveloped, poorly serviced settlements [24]. Characteristic of rural-areas such as availability of vector breeding grounds and favourable climatic conditions had been reported to promote mosquitoes' breeding and their effectiveness in the transmission of malaria [25], thereby leading to an increase in the number of people being infected with malaria parasites in rural areas. In contrary to what was observed in the dry season, the prevalence of malaria parasite infection during raining season was higher in periurban communities (39.8 %) than the rural communities (35.9 %) but the difference in the prevalence was however not significant. Mourou *et al.* [26] also obtained result that is similar to this in Gabon.

The higher prevalence of malaria parasite infection observed in the raining season when compared to the prevalence in the dry season was probably due to changes in environmental factors that are

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usually influenced by climate especially rainfall and humidity. Environmental factors have been reported to contribute significantly to malaria prevalence, its distribution, seasonality, and transmission intensity [27]. Darkoh *et al.* [28] has also identified malaria as the most climate sensitive disease in which changes in temperature, rainfall, and humidity could influence malaria prevalence directly by modifying the behaviour and geographical distribution of malaria vectors as well as changing the length of the cycle of the parasite within the vectors. The reason is that the malaria vectors usually thrive well and more abundant during raining season due to availability of abundant breeding places [29].

There was no statistically significant difference in the prevalence of malaria parasite infection across the age group during the dry season. However, the result of malaria infection during raining season is consistent with the age-related patterns of prevalence of malaria infection for a typical endemic area. The prevalence of infection decreased with increasing age group. The observed decline in malaria infection among the adults is most likely due to the development of non-sterile clinical immunity over time [30]. This background immunity regulates infection and is usually pronounced in children above 15 years and in adults. These are people who have been exposed to mosquito bites over the years and have experienced malaria many times. Such limited immunity enables the individuals to tolerate severe malaria infection without getting ill even though they may have malaria parasites [30, 31].

Majority of the participants across the study communities whether from periurban or rural communities had a moderate malaria parasite density during dry season while very few of them had a high malaria parasite density. In overall, 3.7% of them had a low malaria parasite density, 93% had a moderate malaria parasite density and 3.3% had a high malaria parasite density. Although, majority of the participants still had a moderate malaria parasite density (59.2%) during raining season, but sizable number of them (37.1%) had a high malaria parasite density. This was mainly due to the malaria transmission dynamics being influenced majorly by environmental factors and climate as it is described above. Odongo-Aginya *et al.* [32] also reported a high malaria parasite density during the time of rain in Mali which they linked with fluctuation in monthly rain pattern.

Male participants had higher prevalence of malaria parasite infection than female participants in both seasons. The overall prevalence of malaria infection during dry season was 26.9% in males and

236 25.3% in females. During raining season, the prevalence was 40.2% in males and 36.4% in females.  
237 Adewole *et al.* [33] also reported higher prevalence of malaria infection in males than in females in  
238 their studies that involved three Local government Areas in Ekiti State. Similarly, Hayat *et al.* [34]  
239 reported infection rate to be higher among young adult males than females in Pakistan. However,  
240 Mogaji *et al.* [35], Ibekwe *et al.* [36] and Okonko *et al.* [25] reported higher prevalence of malaria  
241 infection in females than in males.

242 Actually, both males and females are affected by malaria but gender roles and gender dynamics such  
243 as exposure pattern has been reported to give rise to different vulnerabilities. For example, traditional  
244 gender roles in which men work late in the fields or women going out very early in the morning to  
245 gather water expose them to peak mosquito biting times [37]. However, in societies where the  
246 activities of men and women during peak biting times result in equal risks of infection no difference  
247 has been reported to be observed in malaria infection [38]. Example was the study in Myanmar on  
248 activities that enhance human vector contact which revealed that gender specific patterns of both  
249 leisure and work activities during peak biting periods by men and women placed them at equal risk of  
250 contracting malaria through exposure to mosquitoes' bites [38].

251 One major reason that has been identified to cause differences in the prevalence of malaria infection  
252 between males and females is the attitude toward prevention and treatment of malaria [39]. Women  
253 have been reported to be more willing than men to invest in malaria preventive measures such as  
254 purchasing of insecticide treated bed nets [39]. Also, gender norms around sleeping arrangements  
255 can affect who sleeps under mosquito nets [40]. More often, young children sleep under bed-net with  
256 their mother and are therefore, protected from mosquitoes' bites. However, in some societies priority  
257 is given to male head to sleep under bed net if only one is available [41]. Men tend to sleep outdoors  
258 especially during hot weather and this may increase their risk of exposure to mosquitoes. As regard to  
259 prompt treatment of malaria, males were reported to utilize health care services less than females  
260 [42]. However, there are cases where gender dynamics influence who within a household decide if  
261 and when to access healthcare [41]. For biological and social reasons women, particularly pregnant  
262 women and children are at the greatest risk of contracting malaria both in high and low malaria  
263 endemic areas [43, 44]. Understanding how gendered patterns influence the attitude of people in

264 predisposing them to malaria infection can assist in developing more effective recommendations for  
265 the control of malaria infection.

266 The prevalence of malaria infection was not affected by the location of the study communities. Iye  
267 which is at the northern part of Ekiti State had the least prevalence of malaria infection (30.0%) during  
268 raining season and Ewu also in the same region had a prevalence of malaria infection which was as  
269 high as 40.6%. Whereas, Agbado and Ilupeju-Ijan which are both located in the south had a lower  
270 prevalence of malaria infection than Ewu. During the dry season, Agbado which is in the south had  
271 the least prevalence of malaria infection (18.6%) and Ilupeju-Ijan also in the same region had a  
272 prevalence of malaria infection as high as 31.7%. On the other hand, Eyio which is at the centre of the  
273 state had the highest prevalence of malaria infection (36.2%) during dry season. The reason is that  
274 the entire area land of Ekiti State is climatically homogenous and the difference in prevalence of  
275 malaria parasite infection observed was probably due to the attitude and practice of the community  
276 members.

## 277 **CONCLUSION AND RECOMMENDATION**

278 The results obtained in this study confirmed the earlier report that malaria infection is endemic in Ekiti  
279 state. The prevalence of malaria parasite infection appeared to be higher in rural communities than  
280 the periurban communities especially during the dry season. Children under five were observed to be  
281 more susceptible to the infection during raining season. Therefore, control programme should be  
282 more targeted to this population group.

## 284 **COMPETING INTERESTS**

285 Authors have declared that no competing interests exist.

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410 Certificate of Ethical approval obtained from Ethics and Research Committee, Ekiti State  
411 University Teaching Hospital, Ado-Ekiti, Ekiti State, Nigeria

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**EKITI STATE UNIVERSITY TEACHING HOSPITAL  
ADO-EKITI, NIGERIA.**

**ETHICS AND RESEARCH COMMITTEE**

**CLEARANCE CERTIFICATE**

**PROTOCOL NUMBER:** EKSUTH /A67/2016/07/002  
**PROJECT TITLE :** MALARIA INFECTION AND TRANSMISSION IN  
RURAL AND PERI-URBAN COMMUNITIES IN EKITI STATE, NIGERIA.

**INVESTIGATOR(S) :** OLORUNNIYI OMOJOLA FELIX .  
**SUPERVISOR(S):** DR. (MRS) O. A. IDOWU .

**DEPARTMENTS :** BASIC AND APPLIED ZOOLOGY.  
**INSTITUTION :** FEDERAL UNIVERSITY OF AGRICULTURE, ABEOKUTA  
NIGERIA.

**DATE CONSIDERED:** 01/07/2016 .  
**DECISION OF COMMITTEE:** APPROVED

**CHAIRMAN:** Dr. J.O FADARE **SIGNATURE & DATE:** *J.O Fadare*  
1/7/16

**DECLARATION BY INVESTIGATOR/PRINCIPAL INVESTIGATOR**  
PROTOCOL NUMBER (Please quote in all enquires) EKSUTH /A67/2016/07/002  
*To be completed in three copies and two copies returned to the Secretary, Ethics  
and Research Committee, University Teaching Hospital, Ado-Ekiti, Nigeria.*

I/we fully understand the conditions under which I am/we are authorise to  
conduct the above-mentioned research and I/we guarantee that I/we will ensure  
compliance with these conditions. Should any departure be contemplated from  
the research procedure as approved, I/we undertake to resubmit the protocol to  
the Ethics and Research Committee.

Signature *[Signature]* Date: *1/7/16*

NB: Any erasure, cancellation or alteration renders this certificate invalid.

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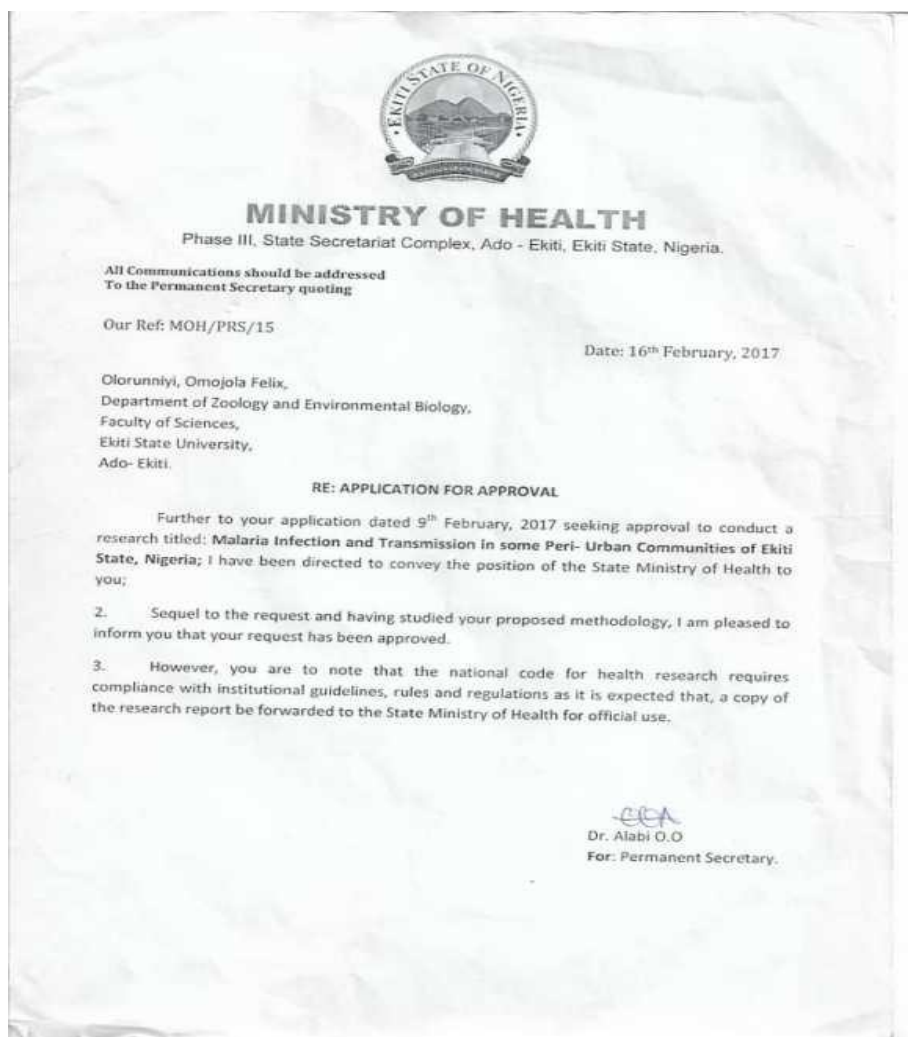
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417 Certificate of Ethical approval obtained from the Ministry of Health, Ado-Ekiti, Ekiti State  
418 permitting us to conduct the study in the communities in Ekiti State

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