



SDI Review Form 1.6

Journal Name:	Asian Journal of Cardiology Research
Manuscript Number:	Ms_AJCR_51868
Title of the Manuscript:	RECOVERY AND ADIPOSITY INDICES AMONG SEDENTARY YOUNG ADULTS FOLLOWING A STRUCTURED PHYSICAL ACTIVITY
Type of the Article	Original Research Article

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link: (<http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline>)

PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments	In this interesting and current study, the author evaluated the strength of association of adiposity indices to heart rate recovery and systolic blood pressure recovery in a sample of sedentary young adults who underwent a physical exercise. The manuscript is well written and provides insight towards a not sufficiently explored factor in the evaluation of cardiovascular risk. Minor comments and revisions are highlighted in the text under track changes mode.	
Minor REVISION comments		
Optional/General comments		

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	(If yes, Kindly please write down the ethical issues here in details)	

Reviewer Details:

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