

Original Research Article

Modelling and Prediction of Outpatients Department on Hospital attendance at the Cape Coast Teaching Hospital using the Box-Jenkins ARIMA model

ABSTRACT:

Outpatient department is one of the first points of contact for patients accessing health care and provide patients with their primary healthcare as they seek services at the facility. With the introduction of community-based health planning and services, there seems that the outpatient departments have witnessed corresponding progressive and significant increase in attendance at the various health facilities in Ghana. The data collected were outpatient hospital attendance on a monthly basis from 2012 to 2019 obtained from the Cape Coast Teaching Hospital. Box Jenkins's methodology of time series analysis was employed to analyse the data. In selecting an appropriate model for the data set, the autocorrelation function (ACF) and partial autocorrelation function (PACF) plot suggested an AR process with order 2 and MA process with order 1. Candidate models were obtained using the Chi-square value and p -value to select adequate models. The most appropriate model for the data was ARIMA (2, 2, 1) for the outpatient department attendance. Model diagnostics test was performed using Ljung-Box test. The findings from the forecast showed that OPD visits will increase in the next five years. Specifically, continued use of the outpatient department in accessing health care at all levels will see an increase in hospital visits across the months from June 2020 to December 2025. Recommendations from this research included among others that, the health authorities should continue to expand the outpatient department services to increase access to healthcare by all as it services goes to the core people in the community.

Keywords: [Time series analysis, ARIMA model, Outpatient hospital attendance, forecasting trends, Ljung-Box statistic]

1. INTRODUCTION

[(Anon (2017) [1] report on the outpatient department (OPD) usage explained on the essence, how it has become an essential part of all health facilities in Ghana due to the fact that it is one of the first step of the treatment system and point of contact between a hospital and the community. However, it is often considered as the window to health facility services. The patient's history and vital signs of blood pressure, heart rate, respiratory rate and temperature among others, are obtained and documented at the outpatient unit. Similar to other units at the hospital, the OPD offers a 24-hour service and is open throughout the week (Goka, 2011) [2]. The functions of the outpatient department make it an important facet in the admission protocols of all health facilities either contributing to it increase or decrease in attendance.

ARIMA modelling techniques have been applied in many fields of research. Aidoo (2010)[2] applied ARIMA model on the monthly inflation rates from July 1991 to December 2009 in Ghana. The study was done using monthly inflation rates from July 1991 to December 2009. The research indicated that Ghana faces a macroeconomic problem of inflation for a long period of time. The selected model was ARIMA (1,1,1)(0,0,1)₁₂ which represents the data behaviour of inflation rate in Ghana. Seven months forecast on inflation rates of Ghana outside the sample period (i.e. from January 2010 to July 2010) was done. The forecasted results indicated a decreasing pattern and a turning point of Ghana inflation in the month of July.

Goka (2011) [3] conducted a study about diseases reported at the outpatient departments (OPD) in the Greater Accra Region of Ghana using time series analysis. It was found that all top ten diseases exhibited upward trends. It was found that malaria constituted half of all cases reported at OPD each year. Trend analysis of these diseases yielded various forecasted values for 2007.

Banor et. al (2012) [4] modelled the autoregressive integrated moving average part of the time series and forecasted hospital attendance. Their research work used a secondary data and interview schedule as the main sources of data. The secondary data focused on monthly outpatient unit attendance from January 2008, to December 2011, using the Obuasi hospital as the case study. ARIMA (2, 1, 0) was the best selected model based on the AIC value of 420.33. Their findings forecasted a steadied trend of ODP attendance for the forecast period and turning point at the month of January 2012.

Luo et. al. (2017) [5] used time series analysis, which they applied ARIMA for the outpatient visits forecasting. The data used comprised of one year daily visits of outpatient visits data of two specific departments (internal medicine departments) in the urban area of a hospital in Chengdu. A formulated seasonal ARIMA model focused on the daily time series and also, a single exponential smoothing model of the week time series, thereby establishing a new forecasting model which factors the cyclicity and the day of the week effect into consideration. The results concluded that the use of combinational models, achieves better forecasting performance than the single model.

Borbor et al. (2019) [6] applied seasonal ARIMA model in a 10 year time period (2008-2017) for hospital attendance in the Cape Coast Teaching Hospital for both insured and uninsured patients on a monthly basis across age groups and gender. The data used was a secondary source. Selected models were SARIMA (1,0,0) (0,1,0)₁₂ model for insured (NHIS) and SARIMA (1,1,1) (2,0,1)₁₂ model for uninsured (Cash and Carry system) based on their minimum AIC values of 15.66537 (insured) and 13.94181(uninsured). Using Chi-square test also concluded on dependence between insured and uninsured patients in hospital attendance on gender and the years. Summary results concluded that attendance to the hospital for patients using insurance will be increasing throughout all age groups, whereas uninsured patients' attendance to seeking health care will only be increasing for specific age groups 0-28 days to 15-17 years for the next 24 months.]

2. MATERIAL AND METHODS / EXPERIMENTAL DETAILS / METHODOLOGY

[(The research was restricted to Cape Coast Teaching Hospital in the Central Region of Ghana. The target population for the study was patients using the outpatient department of the hospital in seeking healthcare. The Cape Coast Teaching Hospital was selected as a representative case study for the needed inference to be drawn about the population. Secondary source of data were obtained from the hospital, internet, textbooks and other related sources. A list of eight years outpatient department, hospital attendance records were considered for the period 2012 to 2019. The research seeks to investigate whether the outpatient department attendance in the hospitals and the introduction of community-based

health planning and services have increased health visits in seeking health care. ARIMA model of time series was used in analysing the data.

2.1 TIME SERIES ANALYSIS

Time series uses past behaviour of the variable in order to predict its future behaviour. A time series usually changes with the passage of time and there are many reasons which bring changes in the time series. These changes are called components, variations movements or fluctuations. There are four types of time series components which are:

- i. Trend (Secular or General)
- ii. Seasonal Variation
- iii. Cyclical Variation
- iv. Irregular / Random Variation

Two ways to put the four components together in Time Series Models are:

- i. Additive Model
- ii. Multiplicative Model

Box and Gwilyn Jenkins (1976) [7] developed the ARIMA methodology of time series thus the Box-Jenkins methodology. The data were plotted against time (months) in order to identify features such as trend, seasonality, and stationarity of the dataset. Also the Augmented Dickey–Fuller unit root test [8] was used to further ascertain the stationarity of the data. Box and Jenkins recommend the differencing approach to achieve stationarity Differencing was used to transform the data in order to attain the stationarity assumption.

There are three basic components of an ARIMA model mainly, auto-regression (AR), differencing or integration (I), and moving-average (MA) (Box, Jenkins and Reinsel, 1994) [9]. Notational, all AR (p) and MA (q) models can be represented as ARIMA (1, 0, 0) that is no differencing and no MA part. The general model is ARIMA (p,d,q) where p is the order of the AR part, d is the degree of differencing and q is the order of the MA part. The general ARIMA process is of the form:

$$Y_t = \sum_{i=1}^p \alpha_i Y_{t-i} + \sum_{i=1}^q \theta_i e_{t-i} + \mu + e_t \quad (1)$$

An example of ARIMA (p, d, q) process is the ARIMA (1, 1, 1) which has one autoregressive parameter, one level of differencing and one MA parameter and is given by

$$Y_t = \alpha_1 Y_{t-1} + \theta_1 e_{t-1} + \mu + e_t$$

$$(1 - B)Y_t = \alpha_1 (1 - B)Y_{t-1} + \theta_1 e_{t-1} + \mu + e_t \quad (2)$$

which can be simplified further as

$$Y_t - Y_{t-1} = \alpha_1 Y_{t-1} + \alpha_1 Y_{t-2} + \theta_1 e_{t-1} + \mu + e_t$$

$$Y_t - Y_{t-1} = \alpha_1 (Y_{t-1} - Y_{t-2}) + \theta_1 e_{t-1} + \mu + e_t \quad (3)$$

2.2.1 MODEL IDENTIFICATION AND IT ORDER

After achieving the stationarity assumption, the next task was to select the appropriate model and the order of the model. The behaviour of the autocorrelation function (ACF) and the partial autocorrelation function (PACF) were used to identify the model and the order that describes the stationary time series data. Theoretically, we expect 95% of the values of the partial autocorrelation coefficients, to fall within the limits $\pm \frac{2}{\sqrt{N}}$ and values outside the range are significantly different from zero. The implication is that the sample partial autocorrelation function PACF) of an AR (p) model 'cuts off' at lag p so that the values beyond p are not significantly different from zero. However, the order of a MA (q) model is usually clear from the sample autocorrelation function (ACF). The theoretical autocorrelation function of an MA (q) process 'cuts off' at lag q and values beyond q are not significantly different from zero.

The general behaviors of the ACF and PACF for ARMA/ARIMA models are summarized in the table below according to qmul (2018b) [10] as:

Table 1. Behaviour of the ACF and PACF for ARMA Models

	AR(p)	MA (q)	ARMA(p, q), p > 0, and q
ACF	Tails off	Cuts off after lag q	Tails off
PACF	Cuts off after lag p	Tails off	Tails off

2.2.2 Diagnosis Checking

The Ljung-Box statistic, also called the modified Box-Pierce statistic, is a function of the accumulated sample autocorrelations, r_j , up to any specified time lag m . As a function of m , it is determined as

$$Q(m) = n(n + 2) \sum_{j=1}^m \frac{r_j^2}{n - j}$$

where n is the sample size after any differencing operation, and the test statistic follows the chi-square distribution with degrees of freedom (df) = $m - p$. A small p-value (say p-value < 0.05) indicates the possibility of non-zero autocorrelation within the first m lags PSU (2018c) [11, 12].

The distribution of $Q(m)$ is based on the following two cases:

- (i) If the r_j are sample autocorrelations for residuals from a time series model, the null hypothesis distribution of $Q(m)$ is approximate to a χ^2 distribution with $df = m - p$, where p = number of coefficients in the model. (Note: m = lag to which we are accumulating, so in essence the statistic is not defined until $m > p$).
- (ii) When no model has been used, so that the ACF is for raw data, $p = 0$ and the null distribution of $Q(m)$ is approximately a χ^2 distribution with degrees of freedom (df) = m .

The Ljung-Box test can be defined as follows:

H_0 : The data are independently distributed

H_A : The data are not independently distributed

The choice of a plausible model depends on its p-value for the modified Box-Pierce if it is well above 0.05, indicating "non-significance." In other words, the bigger the p-value, the better the model.

Note: Review paper may have different types of subsections.

3. RESULTS

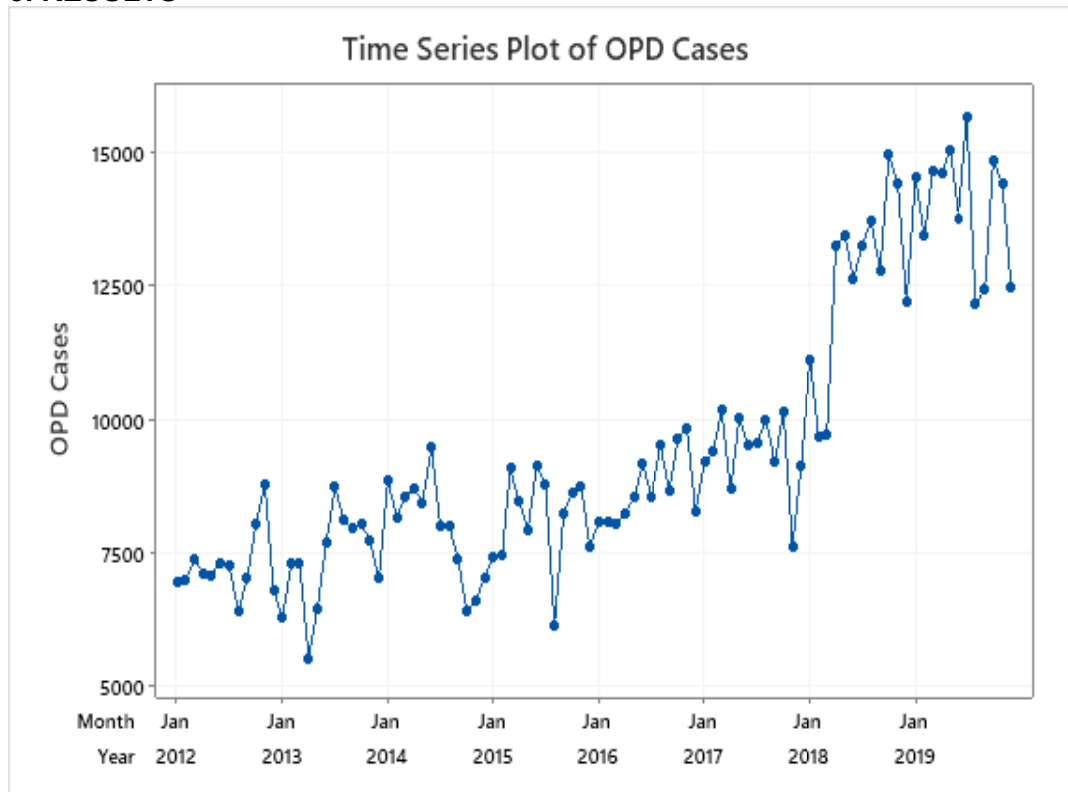


Figure 1. Time Series Plot of OPD Cases for raw data

From Figure 1. It can be seen from the time series plot that, there is no seasonal variation in the number of hospital attendance per month. Again, it can be observed that the series exhibit additive property as the random fluctuations are roughly constant in size over time and do not seem to depend on the level of the time series. It can be observed that the attendance exhibit volatility from 2016 to March 2018 where there was a sharp increase in recorded OPD cases.

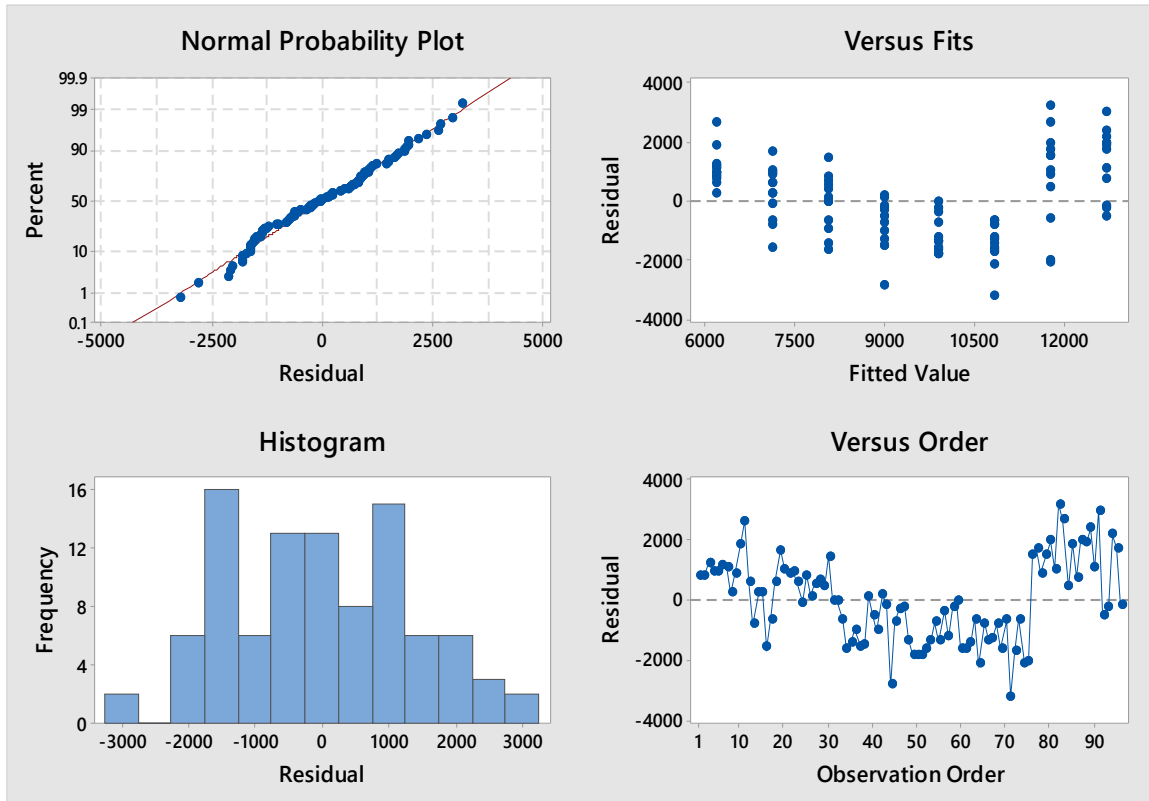


Figure 2. Residual Plot for OPD Cases

3.1 Checking For Normality, Constant Variance Assumption, Independent Assumption and Uncorrelated of the Data Set

From Figure 2, the normal plot of residual of the OPD cases, it can be seen that the residuals do not deviate much from the straight line. This indicates that the errors are quite close to normal with no clear outliers. Thus, the normality assumption holds. The histogram of residuals confirms this assumption. The plots of residuals versus the fitted values exhibit no trend in dispersion. This indicates that the data satisfies the constant variance assumption. The plot of residuals versus the order of the data suggests that the residuals are uncorrelated. Thus the independent assumption is not violated. Since the assumptions hold the data can be seen as valid to carry out the analysis.

3.2 Test for Stationarity of OPD Data

In checking for the stationarity of the dataset, KPSS test was employed.

Hypothesis statement

H_0 : Data is stationary

H_A : Data is not stationary

Table 2. KPSS Statistic of the OPD Data

Variables	KPSS Level	P-Value	Truncated lag
Before differencing	2.0614	0.020	2
After differencing	0.6612	0.140	2

$\alpha = 0.05$ (significance level)

For the raw outpatient department data, since the *p-value* is 0.020, less than $\alpha = 0.05$, we reject the null hypothesis. Hence, we conclude that the series of the raw OPD data is not level stationary, therefore needs differencing. For the differenced OPD data, since the *p-value* = 0.140 is greater than $\alpha = 0.05$, we fail to reject the null hypothesis and therefore conclude that the series of the differenced OPD data is level stationary. The differenced series can now be used for forecasting.

3.3 Fitting Model and Forecasting For the OPD Data

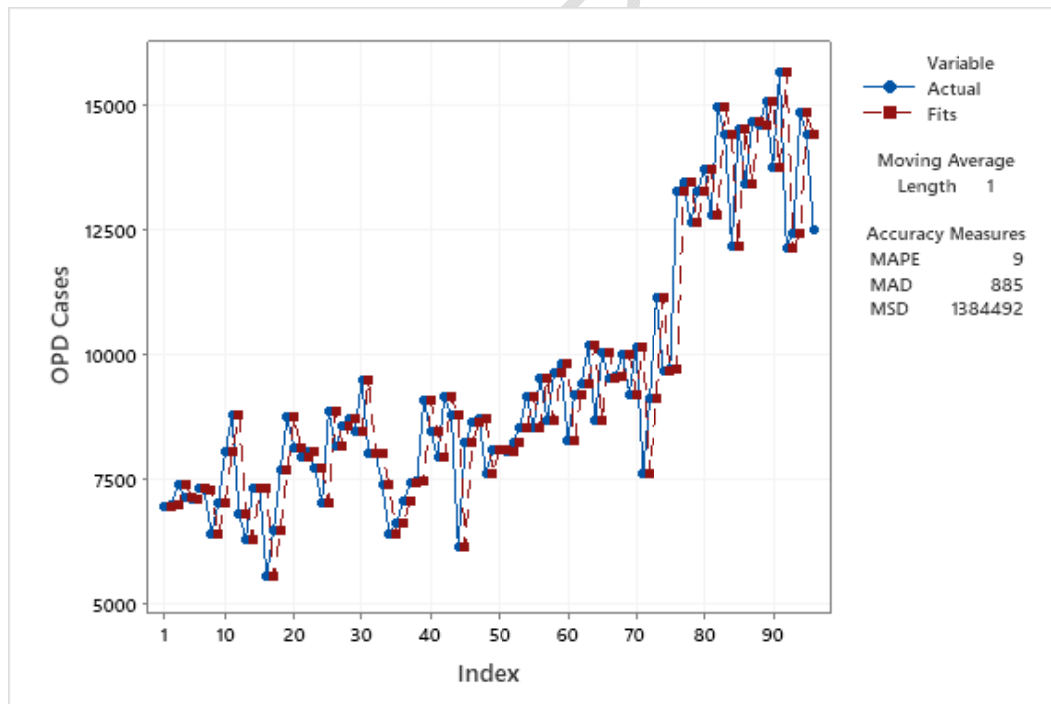


Figure 3. Moving Average (MA) with 1 Average

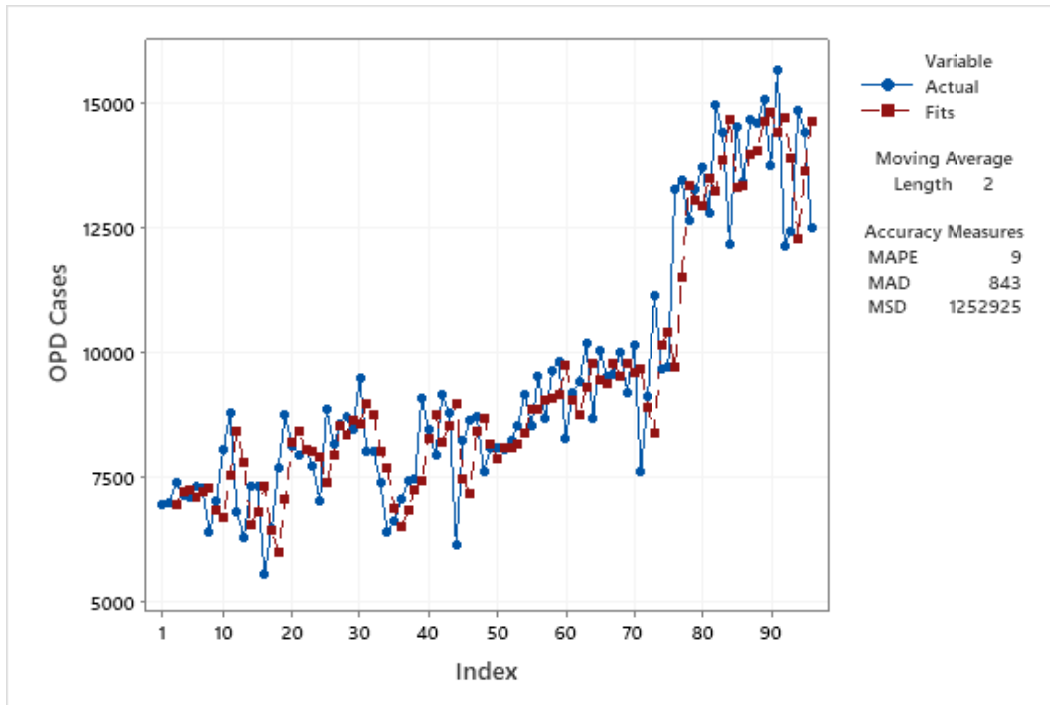


Figure 4. Moving Average (MA) with 2 Averages

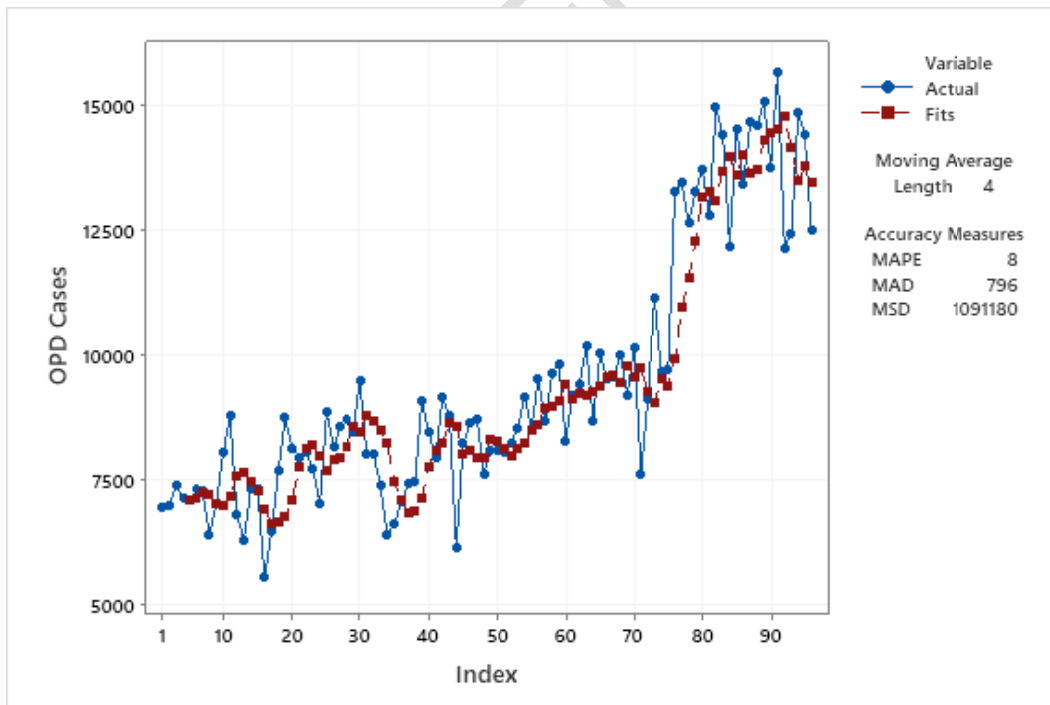


Figure 5. Moving Average (MA) with 4 Averages

The Moving Average (MA) analyses for lags 1, 2 and 4 are in Figures 3, 4, and 5 above. A

comparison of their respective Mean Absolute Percentage Error and Median Average Deviation as criterion for selecting, there is a clear indication that MA (1) better fits the OPD attendance data than the others.

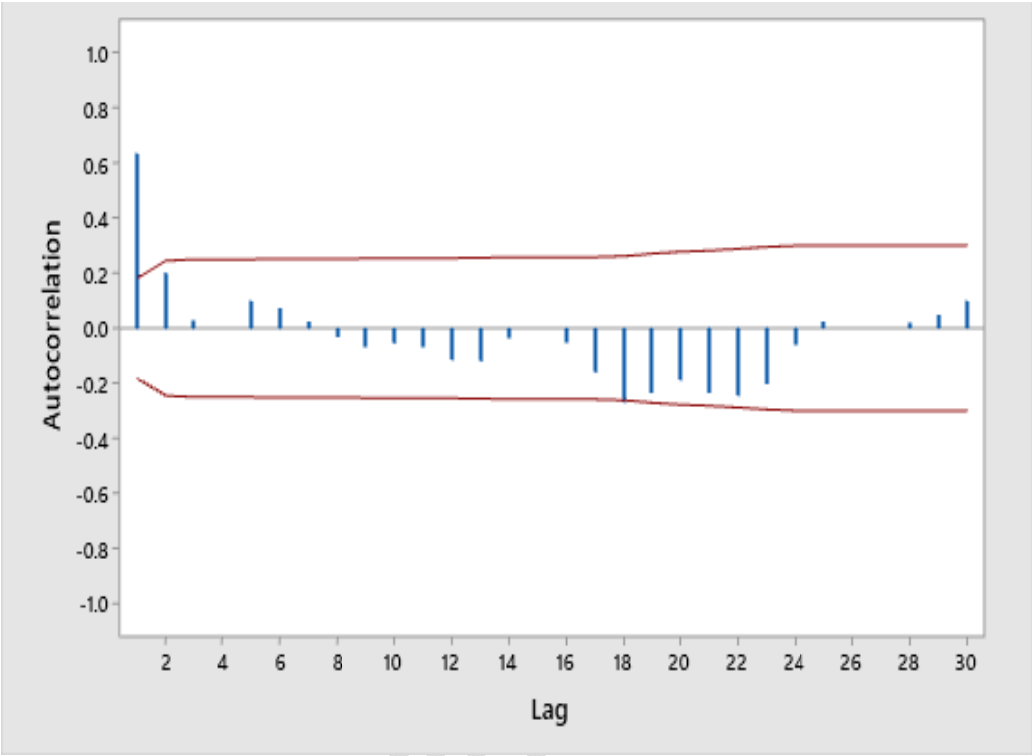


Figure 6. ACF for Second Order Differencing

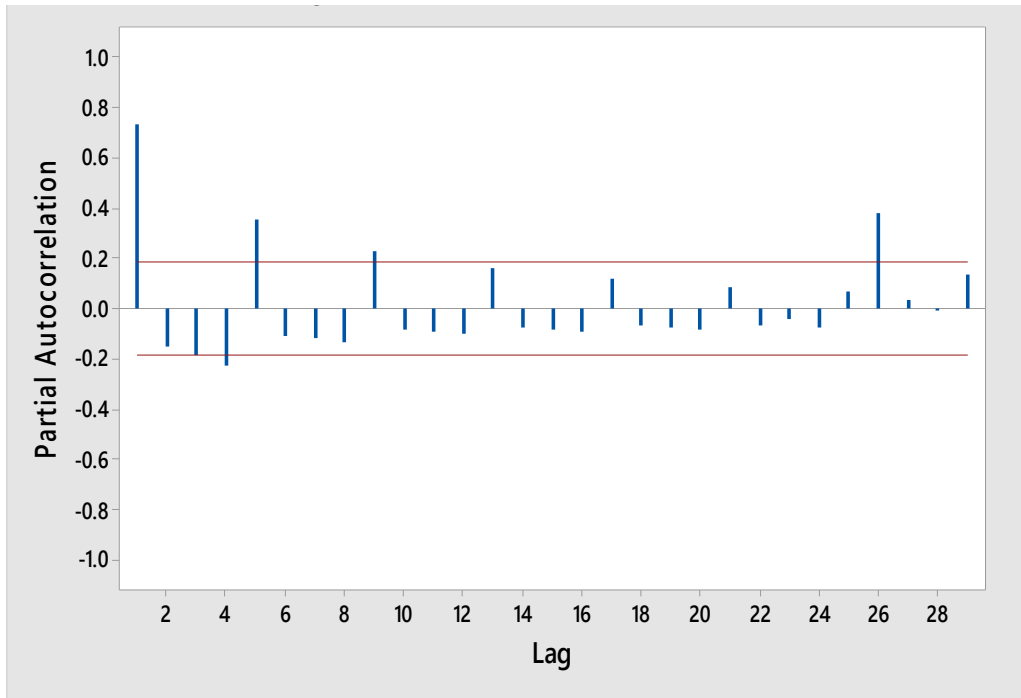


Figure 7. PACF for Second Order Differencing

Figures 6 and 7 present the plot which determines the order of the AR and MA for both seasonal and non-seasonal components. This was suggested by the sample ACF and PACF plots based on the Box-Jenkins approach. From Figure 6, the correlations are significant for a large number of lags, but the autocorrelations at 8 lags 2 or and above are merely due to the propagation of the autocorrelation at lag 1. This is confirmed by the PACF plot in Figure 7. The ACF and PACF plots, respectively suggest that $q = 1$, and $p = 2$ would be needed to describe this data set as coming from a non-seasonal moving average and autoregressive process respectively.

3.4 ARIMA Model Estimations

Several non-seasonal ARIMA models are constructed as follows:

Table 1. Summary of Models for OPD Data

Models	Chi Square	Df	P-Value
ARIMA (2,2,1)	5.3	8	0.756
ARIMA (2,2,2)	5.6	8	0.536

ARIMA (1,2,1)	6.3	8	0.528
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In comparing the p-values and Chi-square values of the three non-seasonal ARIMA, it can be concluded that model ARIMA (2, 2, 1) has the highest p-value and a relatively low Chi-square values of 0.756 and 5.3. This indicates that it is the best non-seasonal model for the data. The partial autocorrelation and the autocorrelation of the second differences suggest that the original series can be modelled as ARIMA (2, 2, 1).

Table 4. Final Estimates of Parameters

Type	Coef.	SE Coef.	T-Value	P-Value
AR 1	-0.5279	0.0981	-5.38	0.000
AR 2	-0.4402	0.0981	-4.49	0.000
MA 1	0.9780	0.0319	30.63	0.000
Constant	4.07	6.00	0.68	0.500

Table 4 presents the final estimate of parameters for the model. The MA (1), AR (1) and AR (2) parameters having *p-value* of 0.000, 0.000 and 0.000, indicating significant model parameters.

Table 2. Modified Box-Pierce (Ljung-Box) Chi-Square Statistic

Lag	Chi Square	DF	P- Value
12	8.02	8	0.432
24	14.91	20	0.782
36	25.92	32	0.767
48	41.53	44	0.578

Table 5 presents the modified box-pierce chi-square statistic. It can be seen that all the lags have a *p-value* greater than the level of significant of 0.05. This indicates non-significance implying that the model is appropriate. Again, the Ljung-Box gives a no significant p-values, indicating that the residuals appear to be uncorelated.

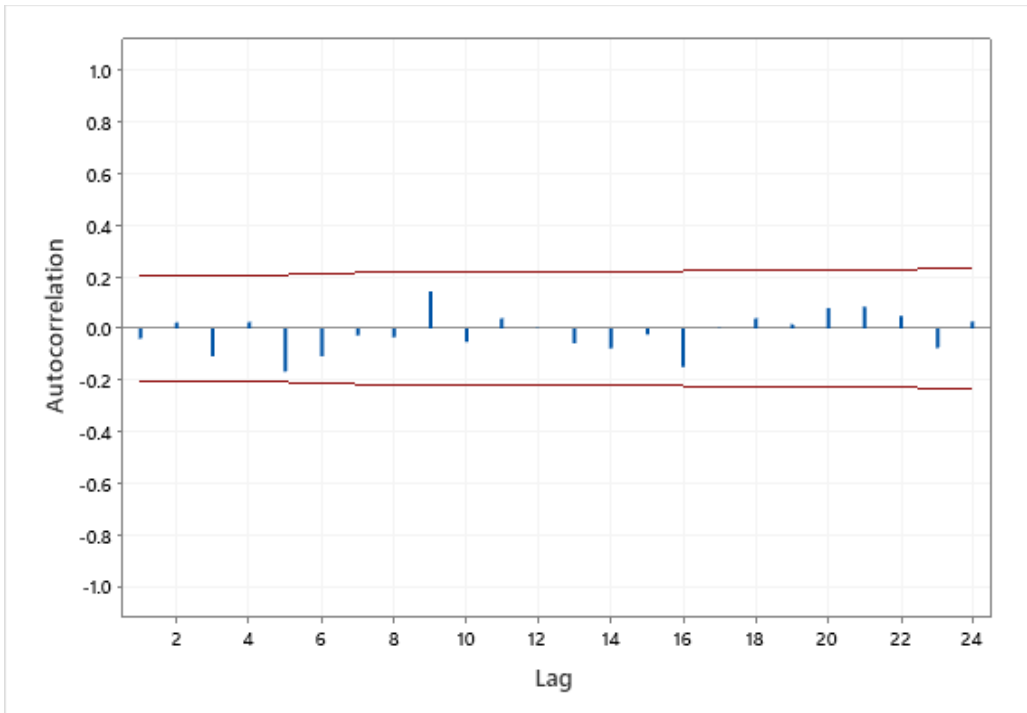


Figure 8. AFC Diagnostic Plot of the Residuals for ARIMA (2, 2, 1) Model

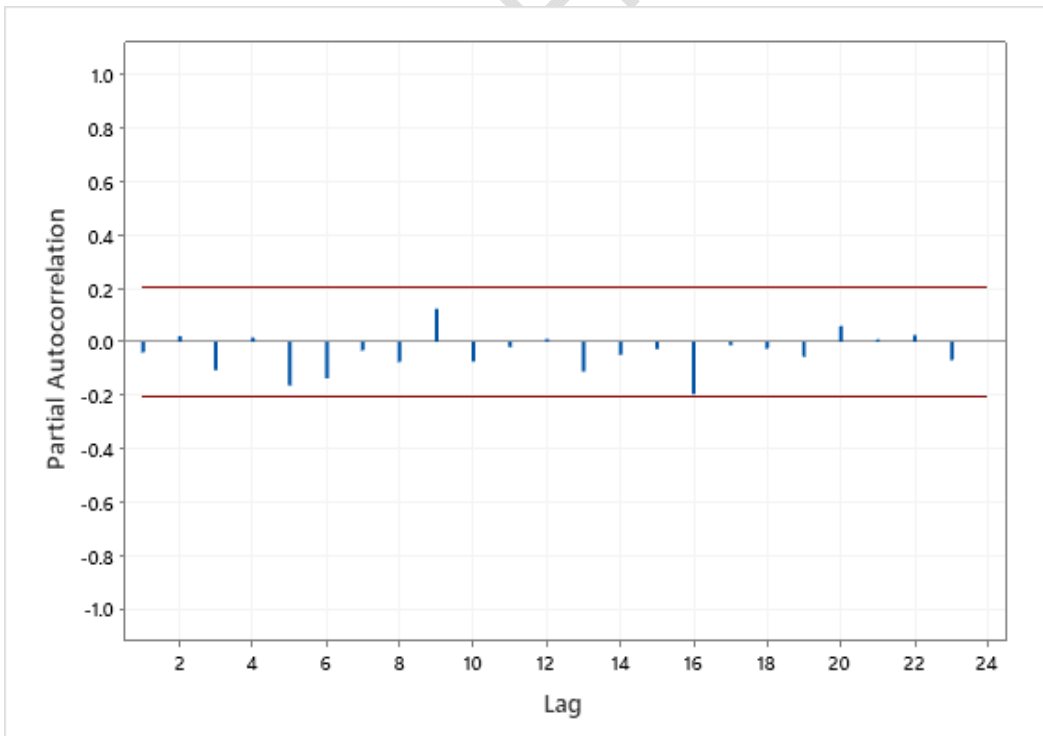


Figure 9. PACF Diagnostic Plot of the Residuals for ARIMA (2, 2, 1) Model

The residual diagnostic test as shown in Figures 8 and 10 is performed for further confirmation of the selected model.

4. DISCUSSION

Table 6. 2020 Forecasted Values for Outpatient Department Hospital Attendance Compared with Actual 2019 Attendance

Years	Jan.	Feb.	Mar.	Apr.	May.	Jun.	Jul.	Aug.	Sept.	Oct.	Nov.	Dec.
2019	14533	13436	14655	14607	15062	13759	15664	12151	12429	14855	14409	12496
2020	14020	14379	13844	14628	14628	14592	14808	15056	15180	15360	15569	15742

Table 7. Forecasted values of insured hospital attendance.

Years	Jan.	Feb.	Mar.	Apr.	May.	Jun.	Jul.	Aug.	Sept.	Oct.	Nov.	Dec.
2020	14020	14379	13844	14628	14628	14592	14808	15056	15180	15360	15569	15742
2021	15925	16123	16312	16504	16702	16900	17099	17302	17506	17712	17921	18131
2022	18344	18558	18775	18994	19437	19662	19765	19889	20118	20350	20583	20818
2023	21055	21295	21536	21780	22025	22273	22523	22774	23028	23284	23542	23802
2024	24064	24329	24595	24863	25134	25406	25681	25957	26236	26517	26799	27084
2025	27371	27660	27951	28244	28540	28837	29136	29438	29741	30047	30354	30664

The expected OPD cases for the next five years in Table 8, shows outpatients hospital attendance cases will be increased with respect to months.

From Table 7, one can observe that the values for the forecast monthly outpatient attendance in 2020 increased for specific months January, February, April, June, August to December than the actual OPD visits across the various months with the year under review an indication of changing pattern by patients reporting to the facility. Patients accessing the OPD will be increasing in the years under forecast as compared to the number of OPD attendance of the year under review. Continued use of the outpatient department in accessing health care at all levels will see an increase in hospital visits across the months from June 2020 to December 2025.

Also, from Table 7, January to May 2020 exhibited an increasing and decreasing trend, but a stationary trend for the months April to May as compared to the same months in the year 2020.

5. CONCLUSION

[In conclusion, it can be said that outpatient department on hospital attendance cases showed variability of processes caused by many irregular factors that cannot be eliminated in cases recorded. There was no seasonal variation in the number of hospital attendance per month. The selected model for outpatient department attendance was ARIMA (2, 2, 1). Based on the findings of the time series analysis, outpatient department attendance cases will be increasing for the next five years. Hence the use of the outpatient department in health administration has increased hospital attendance with time.]

RECOMMENDATIONS

The government should continue the expansion of community-based health planning and services in all parts of the country to increase access to healthcare by all as it services goes to the core people in the community. The health authorities should continue to expand the outpatient department in order to be able to accommodate the increasing number of patients visit the facility Authorities should support health facilities in terms of personnel and logistics in order to provide quality health care to the increasing OPD patients. There should be an expansion of the existing OPD unit in the Cape Coast Teaching Hospital since the hospital mostly referral in the Central Region.

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