

**Editor's Comment:**

Original Research about the benefits used of essential oil of lavender in aromatherapy like antidepressant it is useful for mental health and relax themselves. A questionnaire comprising 10 questions was posted on an online survey platform, and the statistical software used for the analysis included the SPSS software. Structured work with a good methodology and satisfactory results.

This paper is accepted for publication.

**Editor's Details:**

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